

Sophomore, JV , Future 4 and Fastest 4 5k Course



Start to mile 1 (Orange) proceed straight through the field behind the bleachers , turn right at the end of the blue fence and continue clockwise around the perimeter of the inside fields through trees, across the bike bath and field back to the bleachers..

Mile 1 to Mile 2 (Red) Run out the entrance gate, turn right and run all the way down the to the end of the road.. At the end of the tree line, make a hard left into the parking lot.. follow the tree line into the island loop in a counterclockwise direction

Mile 2 to finish (Yellow) cross the foot bridge and run directly across the gravel area to the bike path, Make a hard right onto the main road and then a left back into the inside fields. Run the inside loop counterclockwise. Make a sweeping left after the 3rd backstop and sprint across the field to the finish

