



Harlandale ISD/East Central ISD Cross Country Invite



PINK OUT - We Wear Pink For all those we have Lost, Battled and Survived.

Date: Saturday, 9/19/2026

Location: HISD Memorial Stadium

4002 Roosevelt Ave.
San Antonio, TX 78214



Welcome to the 2026 Harlandale ISD & East Central ISD Cross Country Invite, to be held on Saturday, September 19th, 2026. We will have four racing divisions: Varsity Girls and Boys, and JV Girls and Boys. We will follow all recommended guidelines from UIL. Varsity teams will be limited to 7 runners, JV divisions can enter **10** timed runners and an unlimited number of untimed runners.

Packet Pickup & Check IN 6:15-7:30 am

Schools Participating - Harlandale, McCollum, East Central, Southwest, South San, Highlands, Fox Tech, Jefferson, Sam Houston, Health Careers, Jay, Roosevelt, Incarnate Word, Young Men's Leadership Academy

Report to start line 10 minutes before race time

Race Day Schedule (5K)-

7:30 AM - Varsity Boys

8:00 AM - Varsity Girls

8:30 AM - JV Boys

9:00 AM - JV Girls

Water

Water will be provided at the finish line, however, teams are encouraged to bring their own water bottles.

Trainers - Harlandale ISD & ECISD will be located at the dressing rooms by the finish line.

https://docs.google.com/document/d/1CbW-uissHLr6slCxFjxFqINpODPaLP_ZB-F2rvquim0/edit?usp=sharing

Timing & Entries

Athletes will be entered through **VFit Productions/Texas Mile Split**. Coaches please use the link and passcode to add your entries for each division. **Entries are due before midnight September 17th, 2026**

LINK:

Password: HECXC26

Closes @ midnight on Thursday, September 17th, 2026

Team Camps- Team Camps will be set up on the stadium's visitors side. Coaches are expected to select their own location. Please monitor and supervise the cleanup of your team camp.

Team Canopies are permissible on the visitor's side.

Facilities- Only coaches and athletes will be allowed on the football field and track area. Only water is allowed on the football and soccer fields. Restrooms are located on both sides of the stadium.

Course - This race is a flat, all asphalt course. As such, loose gravel and pot holes are present. Runners will not be timed beyond 30 minutes. Use your discretion for pulling runners off the course.

Maps- Maps are attached and will be available on site. Both Varsity and JV Divisions will run a 5K-course. (Any decision to run a 2 mile JV course will be made the day of the meet)

<https://drive.google.com/file/d/10ULZGekOHYu4CTH075dkNRgwt7sPzorW/view?usp=sharing>

Awards -

Presented 15 minutes after the conclusion of each race

In each division:

Team Trophy to Team Champion

Team medals - 1st - 3rd

Individual medals - 1st -15th place

Coaches Contacts: Please use link and fill out the coaches contact information:

 **2026 HISD & EC: Coach Contact**

BUS PARKING:

CADMUS Street Parking Lot - There will be a designated area

SPECTATORS: PARKING will be on the HOME side parking lot. Please note that part of the road will be temporarily closed during ALL races. Car entry and exit will be based on the runner's safety. Spectators should arrive at least 15 minutes early. Spectators should enter and exit through the home side. Spectators will be allowed to view the race from the home bleachers and both sides of the stadium

Payment - May be paid prior to meet day or at race day check-in

Checks Payable to : EC Athletics

Atten: Angelica Gamboa 7225 FM 1628 San Antonio, TX 78263

FULL TEAMS- \$120 Individual \$15.00 per person

Should You Need Further Information please contact:

Harlandale - Barbara.menchaca@myhisd.net / McCollum- Adam.salazar3@myhisd.net/East Central- Delta.Gutierrezgarcia@ecisd.net