

2026 A-South Championships
Thursday, October 8th, 2026
@ Southern Regional “Middle School”

SCHOOL:

Coach(es) Name & Cell Phone:

Boys Coach Email:

Girls Coach Email:

School AD Phone:

Total Entry FEE: \$350 Per School (NOT per gender)

Note: Entry fee covers: Officials/Timing/Awards/park set-up & clean-up/Security/Porta-Johns/Trainer

SEND TO:

Athletics - Scott Baker
Southern Regional HS
90 Cedar Bridge Rd
Stafford Township, NJ 08050

MAKE CHECKS PAYABLE TO: Southern Regional

Entry fee covers:

Officials / Timing / Awards / Course Set-Up & clean-up / Security / Porta-Johns / Trainer

- Teams are permitted to run a MAX of 12 athletes in the VARSITY race!
- Unlimited entry in Sub-Varsity races.
- Medals to the top 25 in each race. NO TEAM AWARDS!

Order of Races:

4:30pm Combined Frosh (3k)

4:40pm Varsity Boys

5:00pm Varsity Girls

5:20pm Combined JV

ENTRIES DUE ON LINE by 11:00pm on October 6th 2026