

The 59th Annual Nassau Coaches XC Invitational

Saturday, October 24th, 2026 - Bethpage State Park

Invitational Awards:

- **Medals to the Top 50** Individuals in All Races - Handed Out at the End of the Chute at the Conclusion of Each Race!
- **Cowbells to the Top 7** Individuals - Freshmen, Sophomore, and Varsity Races.
- Individual **Trophy** for the **Fastest Time of the Day** (Male and Female)
- Individual **Trophy** for the **Fastest 5th Man of the Day** (One Varsity Male and Female)
- **Team Trophy** for the **Top 3 Teams** in the Freshmen, Sophomore, and Varsity Races
- **T-Shirts** for the Winning Freshmen, Sophomore, and Varsity Winning Teams & Coach!

Meet Notes:

1. In the **Varsity Races**, schools may enter up to **7 individual runners**. In the **Freshmen, Sophomore, and Junior Varsity Races - individual entries are unlimited**.
2. Any school that desires to be entered into a specific varsity race must have that request included with their entry. Race assignments will not be changed once they are released.
3. Schools may enter an additional varsity team, but will then be split up with one competing in the Fred DeRuvo Race and the other in the Bob Baratta Race.
4. Coaches are allowed anywhere on the course. Spectators and non-competing athletes will be allowed in the areas discussed during the coaches meeting only.
5. **All fees associated with the invitational are ENTRY FEES, not participation fees. Schools who owe entry fees from previous invitationals will be denied entry until the overdue payment has been resolved.**
6. Section VIII schools will split the cost of the officials and be billed through BOCES. Non-Section VIII schools will be charged \$25 towards that cost and the cost of race bibs.
7. Results will be posted immediately on www.elitefeats.com for all races.

Rosters:

Section VIII Teams - Compete with your assigned racing bib from Elitefeats.

Outside Teams - Once your entry has been received, you will be forwarded a Google Excel form so that bibs can be generated for your athletes. Please only enter the athletes racing at the invitational as we have to pay for each bib generated!

Parking:

Bethpage State Park will charge \$8 for cars and \$75 for bus parking without a pre-purchased pass. Section VIII teams should buy the pass themselves as listed in the XC Handbook.

Non-Section VIII teams can purchase a pass from the Coaches Association by indicating the need on your meet entry. If you do not have a parking pass, your bus will not be permitted to stay in the park.

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Invitational Schedule:

All races will be contested on the traditional 5k race course.

8:45 am	-	Coaches Meeting at the Finish Line
9:00 am	-	Boys' Freshmen Race
9:05 am	-	Girls' Freshmen Race
9:25 am	-	Boys' Sophomore Race
9:30 am	-	Girls' Sophomore Race
9:50 am	-	Boys' Junior Varsity Race
9:55 am	-	Girls' Junior Varsity Race
10:15 am	-	The Fred DeRuvo Boys' Varsity Race
10:20 am	-	The Fred DeRuvo Girls' Varsity Race
10:45 am	-	The Bob Barratta Boys' Varsity Race
10:50 pm	-	The Bob Barratta Girls' Varsity Race

All athletes should report to the starting line race ready with their issued Elitefeats racing bib at least five minutes prior to their race time.

Varsity Seeding:

Reminder that requests for seeding in varsity races must accompany your entry. We will try to accommodate all requests, however, the final decision will be made with the goal to have two equally competitive varsity sections. All varsity race assignments will be posted by Thursday, October 23rd, 2025 on Milesplit and emailed to the coach's address included on your entry.

Questions?

Contact: Michael Ringhauser, NCTCA President and Meet Director
michael.ringhauser@gmail.com and/or 631-245-1564

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Entries must be received by Wednesday, October 21st, 2026. Please make sure that you review the W9 Form attached and send your entry and payment to the correct address.

Circle One: BOYS' ENTRY GIRLS' ENTRY BOYS' AND GIRLS' ENTRY

School: _____

Address: _____

Coach: _____

Email: _____ Phone: _____

Freshmen # of Runners _____ x \$8 = _____

Sophomores # of Runners _____ x \$8 = _____

Junior Varsity # of Runners _____ x \$8 = _____

Varsity # of Team(s) _____ x \$60 = _____

NON-SECTION VIII TEAMS

ADD \$25 FOR OFFICIALS AND BIB NUMBERS - \$ _____

ADD \$35 IF PURCHASING A BETHPAGE BUS PASS \$ _____

ENTRY FEE TOTAL - \$ _____

Checks Payable: Nassau County Track Coaches Association (NCTCA)

Tax ID: 421705038

Mail Entries: Michael Ringhauser
15 Russell Lane
Patchogue, NY 11772

Email Entries: michael.ringhauser@gmail.com

Coaches - YOU must send us a copy of your entry so we know you are coming! Many of your schools do not forward us entries until after the invitational!

**Request for Taxpayer
Identification Number and Certification**

Go to www.irs.gov/FormW9 for instructions and the latest information.

Give Form to the
requester. Do not
send to the IRS.

1 Name (as shown on your income tax return). Name is required on this line; do not leave this line blank.
Nassau County Track Coaches Association, Inc.

2 Business name/disregarded entity name, if different from above

3 Check appropriate box for federal tax classification of the person whose name is entered on line 1. Check only one of the following seven boxes.

☐ Individual sole proprietor or single-member LLC ☐ C Corporation ☐ S Corporation ☐ Partnership ☐ Trust/estate

☐ Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership) **P**

Note: Check the appropriate box in the line above for the tax classification of the single-member owner. Do not check LLC if the LLC is classified as a single-member LLC that is disregarded from the owner unless the owner of the LLC is another LLC that is not disregarded from the owner for U.S. federal tax purposes. Otherwise, a single-member LLC that is disregarded from the owner should check the appropriate box for the tax classification of its owner.

☒ Other (see instructions) **P**

4 Exemptions (codes apply only to certain entities; not individuals; see instructions on page 3).

Exempt payee code (if any) _____

Exemption from FATCA reporting code (if any) _____

(Applies to accounts maintained outside the U.S.)

5 Address (number, street, and apt. or suite no.) (See instructions).
15 Russell Lane

6 City, state, and ZIP code
Patchogue, NY 11772

7 List account number(s) here (optional)

Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see How to get a TIN, later.

Note: If the account is in more than one name, see the instructions for line 1. Also see What Name and Number To Give the Requester for guidelines on whose number to enter.

Social security number

____ - ____ - ____

or

Employer identification number

42 - 1705038

Part II Certification

Under penalties of perjury, I certify that:

- The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
- I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
- I am a U.S. citizen or other U.S. person (defined below); and
- The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

Sign Here Signature of U.S. person **Michael Ruff**

Date **8/1/2023**

General Instructions

Section references are to the Internal Revenue Code unless otherwise noted.

Future developments. For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to www.irs.gov/FormW9.

Purpose of Form

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security number (SSN), individual taxpayer identification number (ITIN), adoption taxpayer identification number (ATIN), or employer identification number (EIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information returns include, but are not limited to, the following:

- Form 1099-INT (interest earned or paid)

- Form 1099-DIV (dividends, including those from stocks or mutual funds)
- Form 1099-MISC (various types of income, prizes, awards, or gross proceeds)
- Form 1099-B (stock or mutual fund sales and certain other transactions by brokers)
- Form 1099-S (proceeds from real estate transactions)
- Form 1099-K (merchant card and third party network transactions)
- Form 1098 (home mortgage interest), 1098-E (student loan interest), 1098-T (tuition)
- Form 1099-C (canceled debt)
- Form 1099-A (acquisition or abandonment of secured property)

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.

If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See What is backup withholding, later.