



**“Run the Highlands”
Pre-Season Invitational
Friday-8/28/26 @ 10:00 AM**



Meet Format:

1. Entry Fee: \$175 per School. Unlimited entry, girls and boys.
2. Order of events:
Course walk-through at 9:00am
Races begin at 10:00 AM
*Due to NJSIAA rules only 4 teams can race at a time.
Therefore, we will start a pod of four teams every 20 minutes. Pods TBD.
3. Enter your rosters on NJ MileSplit. This is a timed meet by LFRacing.
Please enter your entire boys and/or girls team into the Single Roster Collection event.
We will print your entire roster for the meet.
Teams will be grouped by size of school.
However, adjustments will be made pending registration and meet director's discretion.
4. Please make sure to **bring pins.**
5. Make checks payable to: **West Milford Cross Country Booster Club**
(Tax information furnished upon request)

Mail form/payment to:
**67 Highlander Dr.
West Milford, NJ 07480
Attn: Andrea Jones**
Registration Form And Payment are due by **8/24/26**
6. Team Entries are due on MileSplit by **8/27/26 (entries close by 7pm)**
7. Questions, please contact Andrea Jones: andrea.jones@wmtps.org Fax # 973-697-0299

“Run the Highlands” Registration Form

Team Name: _____

Coach's Contact number: _____

We need a headcount

	<u># of teams/individuals</u>
<u>Boys Team</u>	
<u>Girls Team</u>	
<u>Total #of Overall Individuals</u>	