

Monmouth County X-C Championships

Thursday October 15th, 2026

At Holmdel Park

****This meet is a qualifier for the Shore Conference Championships on October 22nd at OCP**
The top 15 teams & top 25 individuals will qualify.

Location

Holmdel Park is located minutes off the Garden State Park in Holmdel, NJ.
The Monmouth County Park System maintains the 500-acre park and the 5000 meter and 2-mile cross country courses. Both courses cover challenging hills and well-maintained trails. The 5000-meter course features the infamous 'Bowl'.

Awards

- Plaques for the top 3 teams in each race
- Medals to the top 25 individuals in all races
- Medals to the top 3 teams in each race

Entries- ON-LINE-ENTRY ONLY at Njmilesplit.com

- Teams **MUST** run a varsity team (5-7 runners) before entering a JV team
- All online entries are due by midnight on **Sunday October 11th**
- After entry is complete-**PLEASE**-Print invoice and give to AD for payment
- ONLY those athletes entered online will be permitted to run that day
- NO athlete will be ADDED after the entry deadline or the day of the event

Entry Fees

- \$12.00 per individual for all levels
- or \$300.00 for unlimited entry (\$600.00 total for boys & girls)

Meet Schedule (subject to change depending on entry)

Girls Frosh	3:30 PM
Boys Frosh	3:45 PM
Girls Varsity	4:00 PM
Boys Varsity	4:20 PM
Girls JV	4:40 PM
Boys JV	5:00 PM

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On-Line-Entries DUE by midnight on Sunday October 11th

Girls Entry

		# Individuals
Freshmen		
Junior Varsity		
Varsity (7 Max)		

Boys Entry

		# Individuals
Freshmen		
Junior Varsity		
Varsity (7 Max)		

Of Individuals _____ @ \$12.00 = \$ _____

**MAX Team Entry Boys @ \$300.00=\$ _____

**MAX Team Entry Girls @ \$300.00=\$ _____

Total ENTRY Fee: \$ _____

****Note:** If paying the MAX fee please estimate above how MANY Frosh & JV individuals. (Only 7 Varsity allowed)

Make Checks payable to: "The Shore Track Coaches Association" (STCA)

School Name: _____ **Coach:** _____

School Address: _____

School AD Phone #: _____ **Coach's Phone #:** _____

Coach's email: _____

Questions/Issues contact (Meet Director)

Mail All checks to: (Note: NEW address)

Karl Torchia
Cell- 732-319-4694

Vic Bayers
73 Hillside St.
Red Bank, NJ 07701 .

E-mail: ktorchia@cbalincroftnj.org

Check: **www.shorecoaches.com** for meet updates.