

Ocean County X-C Championships

Tuesday October 13th, 2026

At Ocean County Park

****This meet is a qualifier for the Shore Conference Championships on October 22nd**
The top 9 teams & top 25 individuals will qualify.

Location

Ocean County Park is located minutes off the Garden State Park in Lakewood, NJ. Both the 5000-meter course and 2-mile course are flat, 2 loop courses.

Awards

- Plaques for the top 3 teams in each race
- Medals for the top 25 individuals in all races
- Medals for the top 3 teams in each race

Entries->>>>ON-LINE-ENTRY at Njmilesplit.com (Calendar/Date of event)

- All online entries are due by midnight on **FRIDAY October 9th**
- After entry is complete-**PLEASE**-Print invoice and give to AD for payment
- ONLY those athletes entered on-line will be permitted to run
- NO athlete will be ADDED after the entry deadline or the day of the event

Entry Fees

- \$12.00 per individual for all levels
- or \$300.00 for unlimited entry. (\$600 total for Boys & Girls)

Meet Schedule (subject to change depending on entry)

Girls & Boys Frosh (Combined)	3:30 PM
Girls Varsity	3:50PM
Boys Varsity	4:15 PM
Girls JV	4:35 PM
Boys JV	5:00 PM

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On-Line Entries DUE by midnight on Friday October 9th

Girls Entry

		Individuals
Freshmen		
Junior Varsity		
Varsity (Max of 7)		

Boys Entry

		Individuals
Freshmen		
Junior Varsity		
Varsity (Max of 7)		

of Individuals _____ @ \$12.00 = \$ _____
**MAX Team Entry Boys @ \$300.00=\$ _____
**MAX Team Entry Girls @ \$300.00=\$ _____

Total ENTRY Fee: \$ _____

****Note:** If paying the MAX fee please estimate above how MANY Frosh & JV individuals (**Max of 7 Varsity allowed**)

Make Checks payable to: "The Shore Track Coaches Association" (STCA)

School Name: _____ **Coach:** _____

School Address: _____

School AD Phone #: _____ **Coach's Phone #:** _____

Coach's email: _____

Questions/Issues Contact:

Stephen Theobald
Meet Director

Phone # 908-433-3570

Email: stheobald@jacksonsd.org

SEND ALL Checks to: (NOTE NEW address)

Vic Bayers
73 Hillside St.
Red Bank, Nj 07701

Coaches Notes:

OCP does **NOT charge us** to use the park, but they have **RULES** that we **MUST** follow:

- **NO BUSES** permitted in the park on race day
 - Drop off/Pick-up is at **BACK ENTRANCE** to the park off RIDGE AVE. (Next to Lakewood High School Track). Coaches and competitors must walk through the trail to the race area.
 - Limited bus parking is available at Lakewood Middle/High School/Track Area
- **NO TENTS** allowed the day of the meet.....sorry!
- Spectators are **ALLOWED** to park at OCP. Follow directions of the park rangers.
- All teams & spectators must use the porta johns located behind the start area
- Please advise your athletes/parents that **ALL** buildings in the park are off limits
- Teams **MUST** clean their camp area before leaving
- We **MUST** leave the park exactly how we found it....clean!

Additional notes:

- Each athlete will be assigned a race number (Bib) with CHIP.
 - Please bring your own pins.
- **Park CLOSES at 6:00PM.** We **MUST** be out of the park by then.