

**1A/2A EAST REGIONAL TRACK & FIELD MEET
TORRINGTON, WY**

Friday, May 15th, 2026 - Order of Events

| | | |
|--------------|---|----------------------------|
| 9:00 | Scratch/Replace Meeting & Coaches Meeting | |
| 10:00 | 1A Boys & 2A Boys Pole Vault (run together) [Immediately followed by 1A Girls & 2A Girls (run together)] | |
| 10:00 | 2A Boys Long Jump 2A Girls High Jump 1A Boys Shot Put 1A Girls Triple Jump | |
| 11:30 | 2A Boys High Jump 2A Girls Discus 1A Boys Long Jump 1A Girls Shot Put | |
| 1:00 | 2A Boys Discus 2A Girls Long Jump 1A Boys High Jump | |
| 1:00 | 1A/2A Girls 800 Meter Run 1A/2A Boys 800 Meter Run | Finals Finals |
| 1:30 | 1A/2A Girls 100 Meter Intermediate Hurdles 1A/2A Boys 110 Meter High Hurdles | Prelims Prelims |
| 2:00 | 1A/2A Girls 100 Meter Dash 1A/2A Boys 100 Meter Dash | Prelims Prelims |
| 2:30 | 1A/2A Girls 300 Meter Low Hurdles 1A/2A Boys 300 Meter Intermediate Hurdles | Prelims Prelims |
| 3:00 | 1A/2A Girls 200 Meter Dash 1A/2A Boys 200 Meter Dash | Prelims Prelims |
| 3:30 | 1A/2A Girls 3200 Meter Run 1A/2A Boys 3200 Meter Run | Finals Finals |
| 5:00 | 1A/2A Girls 400 Meter Relay 1A/2A Boys 400 Meter Relay | Finals Finals |
| 5:45 | 1A/2A Girls 400 Meter Dash 1A/2A Boys 400 Meter Dash | Prelims Prelims |
| 6:30 | 1A/2A Girls Sprint Medley Relay 1A/2A Boys Sprint Medley Relay | Finals Finals |

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Saturday, May 16th, 2026 – Order of Events

| | | |
|-------------------|---|--------------------------|
| 8:00 a.m. | Coaches Meeting | |
| 9:00 a.m. | 2A Boys Triple Jump 1A Boys Discus 1A Girls Long Jump | |
| 10:30 a.m. | 1A Boys Triple Jump 2A Girls Shot Put 1A Girls Discus | |
| 12:00 p.m. | 2A Boys Shot Put 2A Girls Triple Jump 1A Girls High Jump | |
| 9:30 a.m. | 1A/2A Girls 4x800 Meter Relay 1A/2A Boys 4x800 Meter Relay | Finals Finals |
| 11:00 a.m. | 1A/2A Girls 100 Meter Intermediate Hurdles 1A/2A Boys 110 Meter High Hurdles | Finals Finals |
| 11:45 a.m. | 1A/2A Girls 100 Meter Dash 1A/2A Boys 100 Meter Dash | Finals Finals |
| 1:00 p.m. | 1A/2A Girls 1600 Meter Run 1A/2A Boys 1600 Meter Run | Finals Finals |
| 2:00 p.m. | 1A/2A Girls 400 Meter Dash 1A/2A Boys 400 Meter Dash | Finals Finals |
| 3:00 p.m. | 1A/2A Girls 300 Meter Low Hurdles 1A/2A Boys 300 Meter Intermediate Hurdles | Finals Finals |
| 3:30 p.m. | 1A/2A Girls 200 Meter Dash 1A/2A Boys 200 Meter Dash | Finals Finals |
| 4:15 p.m. | 1A/2A Girls 4x400 Meter Relay 1A/2A Boys 4x400 Meter Relay | Finals Finals |