

2026
Licking County League
Cardinal Division
Track & Field Championships
May 15th 4:30pm



Heath High School
Swank Stadium
300 Licking View Dr
Heath, Ohio 43056

Entries & Meet Order

Entries may be entered into Mile split until 8:00PM on May 13th. Cardinal schools invited.
Coaches Meeting 4:00 pm at Finish Line

<u>Field Event Order 4:30 Start time</u>	<u>Running Event Order 6:00 Start time</u>
Boys High Jump	5:00 Girls 4x800m /Boys 4x800m
Girls High Jump	6:00 Girls 100m Hurdles (Final)
Girls Long Jump followed by	6:05 Boys 110m Hurdles (Final)
Boys (4 jumps – open pit)	6:10 Girls 100m (Final) /Boys 100m (Final)
Boys Shot followed by Girls (2	6:15 Girls 4x200m Relay (Final) /Boys 4x200m
and 2)	Relay (Final)
Girls Discus followed by Boys (2	6:20 Girls 1600m (Final) Boys 1600m (Final)
and 2))	6:45 Girls 4x100m Relay (Final) Boys 4x100m
Girls Pole Vault followed by Boys	Relay (Final)
	6:50 Girls 400m (Final) Boys 400m (Final)
	6:55 Girls 300m Hurdles (Final) Boys 300m
	Hurdles (Final)
	7:00 Girls 800m (Final) Boys 800m (Final)
	7:15 Girls 200m (Final) Boys 200m (Final)
	7:25 Girls 3200m (Final) Boys 3200m (Final)
	7:50 Girls 4x400m Relay (Final) Boys 4x400m
	Relay (Final)

Meet Workers

We will need workers in order to make this event run smoothly, just like in the past. Please make sure that you have your workers lined up prior to meet day as we will not have workers to cover your area. Please have your workers sign up using the sign-up link below.

<https://www.signupgenius.com/go/10C084EAAAB29A2FFC61-63706968-lcltrack#/>

Meet workers will need to check in at the main gate once they arrive.

Heath– Ticket takers (2), Discus (4), , Relay Exchanges (4)

Shot Put – Northridge (4)

Boys High Jump – Lakewood (4)

Girls High Jump- Newark Catholic (4)

Long Jump – Johnstown (4)

Pole Vault – Utica (4)

Hurdle Crew- ALL SCHOOLS (2)

Tickets

Tickets can be purchased online or at the gate with cash or credit card.

Gates will open at 3:30pm for spectators.

- Adult: \$10
- Student: \$8
- Online Tickets: <https://events.hometownticketing.com/boxoffice/lclathletics>

Spectators must show tickets (phone or printed) for entry. Tickets will be validated at the gate

IMPORTANT EVENT POLICY

INFIELD TURF IS CLOSED

No athletes or coaches permitted on the infield at any time

Team Logistics

- Team Drop-off below the ticket booth, Buses should park in the bus parking lot.
- Concessions: Available on-site

Participating Teams

- Heath
- Johnstown
- Lakewood
- Newark Catholic
- Northridge
- Utica

Awards

Trophies and Awards presented at the 50-Yard line during & following the meet.

Results

Here is a link to live results: <https://tinyurl.com/lclCardinal26>