



40th ANNUAL GIRLS TRACK & FIELD SPASH PANTHER INVITATIONAL

Goerke Park-1000 Minnesota Ave.

Thursday, April 30, 2026

Participating Teams: DC Everest, Rosholt, SPASH, Wausau East, Marathon, Marshfield

Entry Instructions: Teams can submit their entries using MileSplit. Entries are due by Wednesday, April 29th at 7:00pm. <https://wi.milesplit.com/meets/752536/registration>

For the varsity, each team is allowed three entries per individual event and one relay team. For JV you are allowed three entries per individual event and two relay teams per relay event. We will allow additional JV entries, within reason as in the past. (i.e. throwers, distance runners). You must fill all your varsity entry spots before entering someone in that event on the JV. Entry deadline is 7:00 p.m. on Wednesday, April 30th, 2025. Times, heights and distances may not be updated following the entry deadline. The entry you declare as of the entry deadline will be considered final.

Scoring:

We will use "true team" scoring for both Varsity and JV. All participants will score for their team. Example: With 6 teams competing, 1st=18 pts, 2nd = 17 pts.....17th = 2 pts, 18th = 1 pt. Relays will be scored 1st=18 pts, 2nd = 15 pts, 3rd=12 pts, 4th = 9 pts, 5th=6 pts, 6th=3 pts.

Results: Results will be posted to the video board after all heats have been completed for each event. Live results can be found at <https://milesplit.live/meets/752536>

Changes:

"Blind Changes" must be done when you pick up your team packet at the meet and must be done by 3:30 p.m. on Thursday, April 30, 2026. Replacement individuals will not be reseeded, and will assume the event, heat and lane, and/or flight assignments of original entrants. Based upon the number of scratches made, a realignment of heat's may be made at the discretion of the Site Director and/or Meet Manager. Scratches only may be made following the 3:30 p.m. deadline. There are **NO EXCEPTIONS!**

Track Information:

1/4" pyramid spikes are allowed. No pin or Christmas tree spikes are allowed. ONLY chalk is allowed on the runways or track (This is a change from the past) **NO TAPE IS ALLOWED**



SPASH ATHLETICS DEPARTMENT

1201 NORTHPOINT DR. | STEVENS POINT, WI 54481 | OFFICE:715-345-7309

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<u>Event Information/Time Schedule:</u> 3:40 Coaches meeting – in press box	Running Events Finals (JV followed by VAR)
<u>4:00 Field Events</u> • Pole Vault – JV & VAR simultaneously – 5 alive • Shot Put – VAR followed by JV – Flights by Mark • Discus – JV followed by VAR – Flights by Mark • High Jump – JV & VAR simultaneously – 5 alive • Long Jump – (4 jumps w/ no finals VAR and JV) VAR – Pit 1; JV – Pit 2 • Triple Jump (after conclusion of LJ. 4 jumps w/ no finals VAR and JV) - JV & VAR Combined – Pit	4:20 • 3200-m Relay (JV & VAR Combined) • No Trials for 100m, 100 Hurdles, and 200m Varsity Running Event Finals (JV followed by Varsity) • 100-m High Hurdles • 100-m Dash • 1600-m Run • 800-m Relay • 400-m Dash • 400-m Relay • 300-m Hurdles • 800-m Run • 200-m Dash • 3200-m Run • 1600-m Relay

The starting height for the High Jump will be 4', Pole Vault 6'6.

There will not be trials in the Varsity 100m hurdles, 100m dash, and the 200m dash.



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Awards:

Varsity - 1st Place Team Plaque

Games Committee: Meet Starter, Head Coach from **Marathon & Marshfield**

Athletic Training Services: Jackie Burner & Sophia Reddan Aspirus Sports Medicine will provide training coverage.

If you have any questions, please call Nate Olson (715) 347-4247 or David Hauser (715) 498-3544.

Meet Manager: Kevin Streveler 715-340-9923



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SPASH
ATHLETICS

PAYMENT FORM

HOSTED BY: SPASH

ENTRY FEES: \$175.00 Per School

CHECKS PAYABLE TO: SPASH ATHLETICS

SEND CHECKS TO: SPASH ATHLETICS
David Hauser A.D.
1201 NORTH POINT DRIVE
Stevens Point, WI 54481

SCHOOL _____
(PLEASE INDICATE YOUR SCHOOL)



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