

Class A Region 5
2026 Time Schedule

1:15 PM	Open Track for Warmups	30:00.0
1:45 PM	Close Track for Warmups	45:00.0
1:30 PM	Coach/Referee Briefing	30:00.0
	FIELD EVENT SCHEDULE	
Time	Event	
2:00 PM	Girls' Pole Vault	
2:00 PM	Boys' Pole Vault	
2:00 PM	Girls' Discus	
3:30 PM	Boys' Discus	
3:30 PM	Girls' Long Jump	
2:00 PM	Boys' Long Jump	
2:00 PM	Girls' High Jump	
3:30 PM	Boys' High Jump	
3:30 PM	Girls' Shot Put	
2:00 PM	Boys' Shot Put	
2:00 PM	Girls' Triple Jump	
3:30 PM	Boys' Triple Jump	
	RUNNING EVENT SCHEDULE	
2:00 PM	Girls' 4 x 800 Meter Relay	15:00.0
2:15 PM	Boys' 4 x 800 Meter Relay	15:00.0
2:30 PM	Girls' 100 Meter High Hurdles	10:00.0
2:40 PM	Boys' 110 Meter High Hurdles	10:00.0
2:50 PM	Girls' 100 Meter Dash	10:00.0
3:00 PM	Boys' 100 Meter Dash	10:00.0
3:10 PM	Girls' 4 x 200 Meter Relay	05:00.0
3:15 PM	Boys' 4 x 200 Meter Relay	10:00.0
3:25 PM	Girls' 1600 Meter Run	10:00.0
3:35 PM	Boys' 1600 Meter Run	10:00.0
3:45 PM	Girls' 4 x 100 Meter Relay	10:00.0
3:55 PM	Boys' 4 x 100 Meter Relay	10:00.0
4:05 PM	Girls' 400 Meter Dash	10:00.0
4:15 PM	Boys' 400 Meter Dash	10:00.0
4:25 PM	Girls' 300 Meter Hurdles	10:00.0
4:35 PM	Boys' 300 Meter Hurdles	10:00.0
4:45 PM	Girls' 800 Meter Dash	05:00.0
4:50 PM	Boys' 800 Meter Dash	05:00.0
4:55 PM	Girls' 200 Meter Dash	05:00.0
5:00 PM	Boys' 200 Meter Dash	05:00.0

5:05 PM	Girls' 3200 Meter Run	15:00.0
5:20 PM	Boys' 3200 Meter Run	15:00.0
5:35 PM	Girls' 4 x 400 Meter Relay	10:00.0
5:45 PM	Boys' 4 x 400 Meter Relay	10:00.0