

THE CREST CLASH

**Cedar Crest XC
Relay Races**

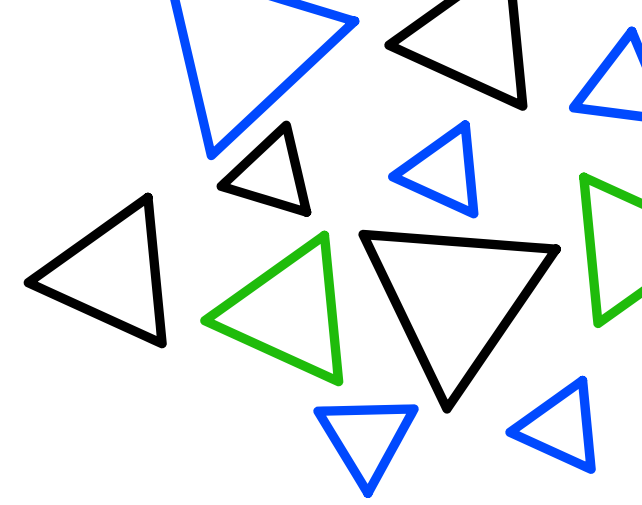


AUGUST 29TH, 2026



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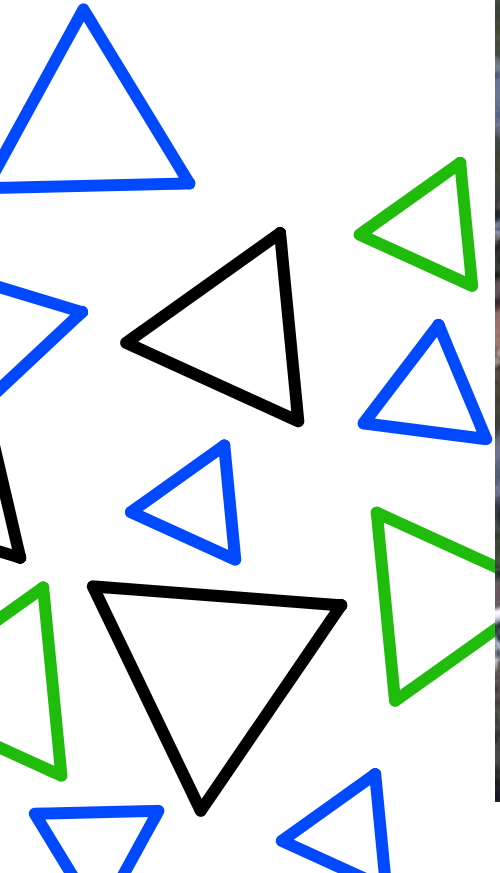
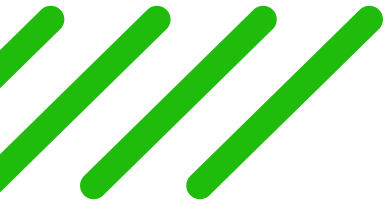
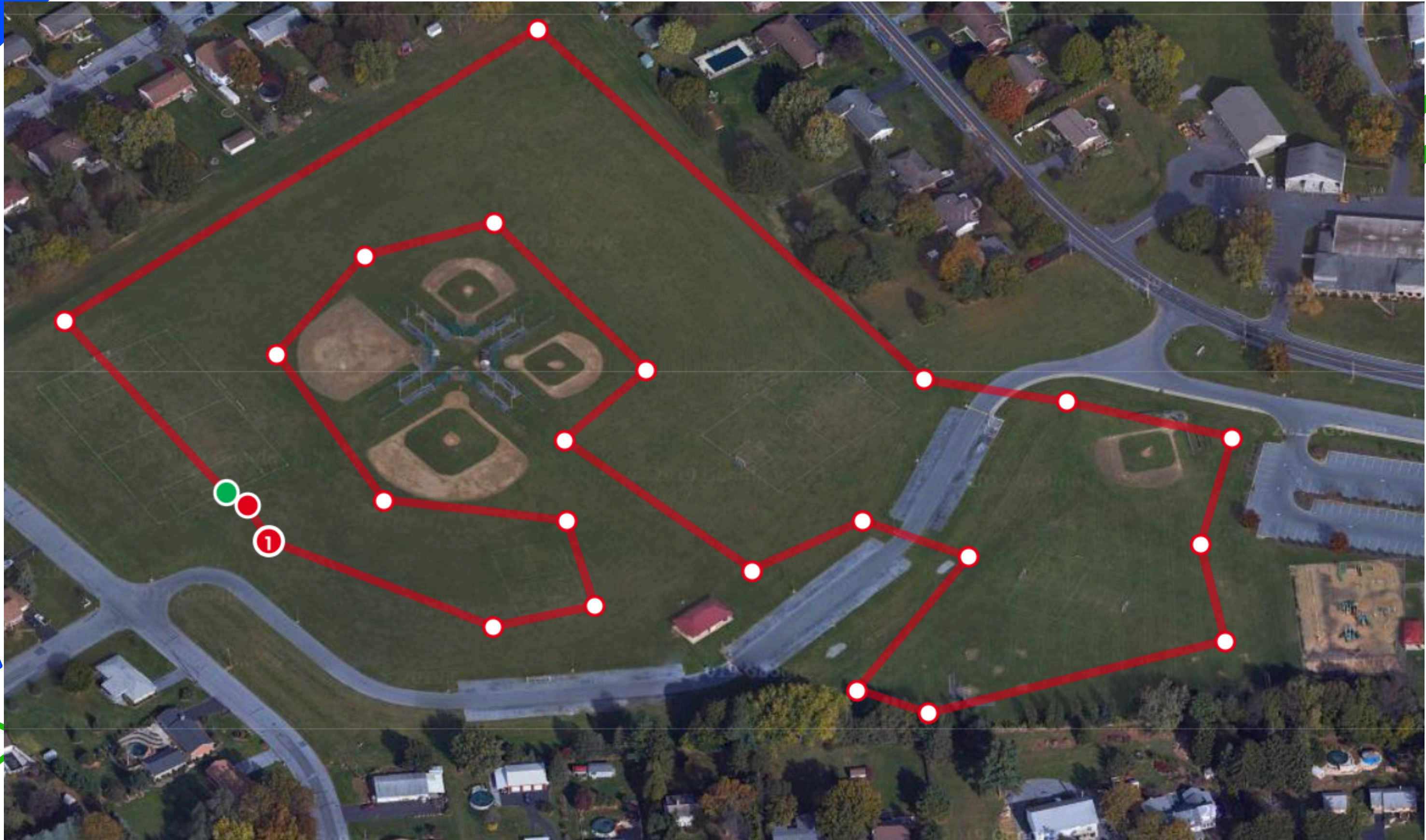
The Crest Clash



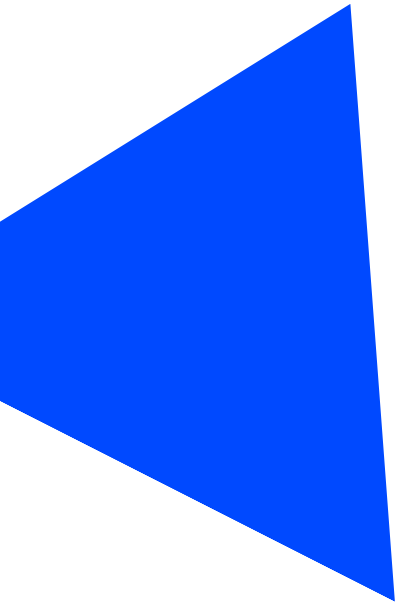
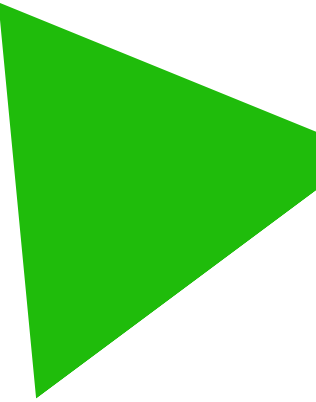
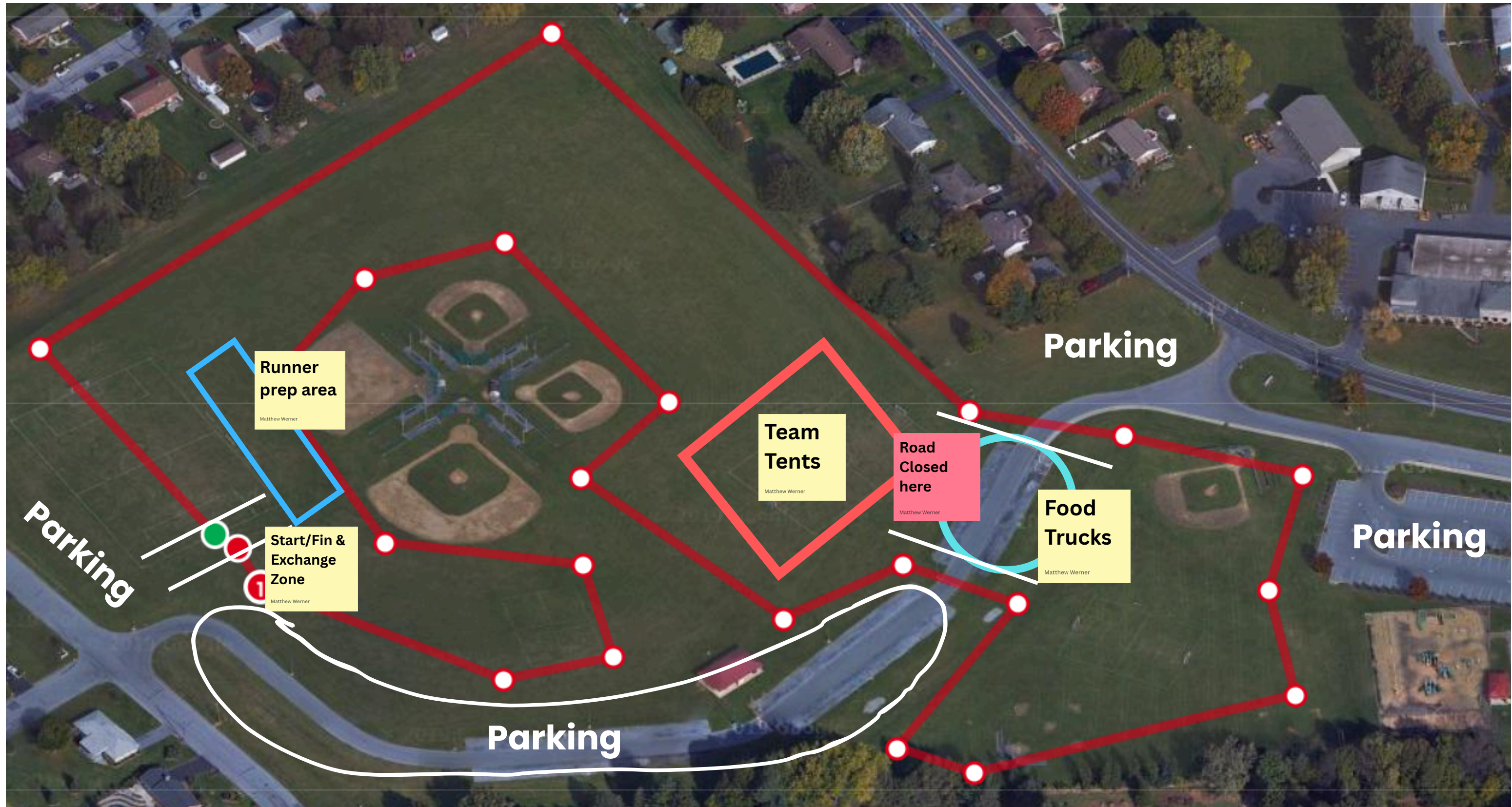
**2nd annual, *relay-*
style XC races
exclusively for Jr.
High @ South
Lebanon
Elementary School
in Lebanon, PA**



The Course



Logistics



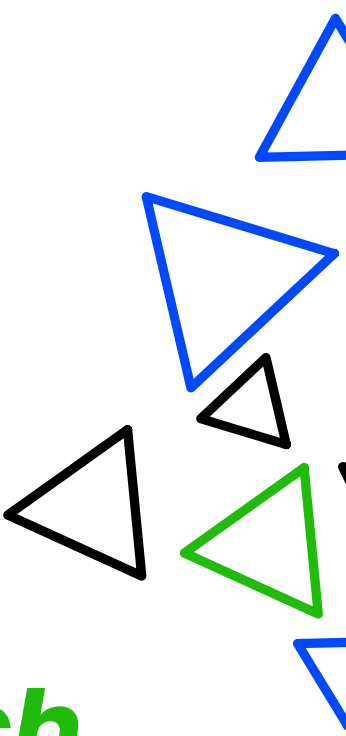
Race Setup:

- **Varsity & JV, boys and girls races! (2 teams of 4 runners for each school) - Each leg runs 1 mile... passes baton in exchange zone**
- **1 mile "sprint" to kick off the day (any runner not in a relay)**
- **Top 3 times are announced**
- **(Must time own athletes) - This is a "tune-up" meet**



Awards for:

- **Top relay teams in each race!**
- **Top 3 boys and top 3 girls in Mile Sprint!**



2025 Recap

Boys Mile Sprint Winner:

Ian Aviles (Lebanon) 5:27

Girls Mile Sprint Winner:

Kella Rood (Donegal) 6:14

Girls Relay Champs:

Lampeter-Strasburg - 26:52
(Martin, Parrish, Lovern, Hershey)

Boys Relay Champs:

Warwick MS - 23:03
(Nguyen, Propst, Diffenbach, Mitchley)





1 **Race Day:**
August 29th

2 **Due date to**
register team:
August 14th @
midnight

3 ***\$100*** **per school**

**Contact Coach
Matt Werner with
any questions!**

email:

mwerner@clsd.k12.pa.us

