

**NCHSAA-5A-EAST-  
REGIONAL\_FULL\_ROSTER\_AND\_ENTRIES**

Rocky Mount, NC  
Rocky Mount High School  
Saturday, May 9, 2026



**OFFICIAL MEET REPORT**  
printed: 5/5/2026 10:29 AM

**#36 Girls Discus**

Date:		Start Time:		Finish Time:		Recorder:		Head Official:	
Heat 1 of 1		Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place
11	<b>MELBARD, Giada</b> Croatan #231 74' 6"								
12	<b>THOMAS, Ryleigh</b> Richlands #1371 79' 1"								
13	<b>THIEL, Kailyn</b> Richlands #1369 79' 11"								
14	<b>CLAYTON, Iralynd</b> J.F. Webb #1021 80' 9"								
15	<b>PARKER, Leah</b> Dixon #482 81' 7"								
16	<b>HARRIS, Amaya</b> Southern Nash #1758 82' 1"								
17	<b>WILSON, Shania</b> Rocky Mount #1496 86' 7"								
18	<b>KRUPEY, O'Lora</b> Havelock #825 86' 9.50"								
19	<b>WILSON, Alyssa</b> Richlands #1377 87' 5"								
20	<b>GURGANUS, Zamara</b> Charles B. Aycock #98 88' 7"								
21	<b>MILLER, Lily</b> Croatan #232 90' 9"								
22	<b>JONES, Chianne</b> West Carteret #2063 106' 6"								
23	<b>SALTER, Baily</b> West Carteret #2080 113' 5"								
24	<b>YON, Faith</b> Durham School of the Ar #675 118' 0"								
25	<b>BROCK, Kylie</b> South Brunswick #1549 119' 3.50"								
26	<b>FREDERICK, Alonna</b> Charles B. Aycock #90 125' 4"								

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**#36 Girls Discus (cont'd)**

Date:		Start Time:		Finish Time:		Recorder:		Head Official:		
Heat 1 of 1		Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place	
17										
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**#35 Boys Discus**

Date:			Start Time:			Finish Time:			Recorder:			Head Official:		
Heat 1 of 1			Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place				
19	<b>SARAFIS, Kyriakas</b> Currituck County	#306 116' 4"												
20	<b>MCCLAIN, Alex</b> Croatan	#178 117' 0"												
21	<b>ALANIS, Leonel</b> Charles B. Aycock	#2 117' 3"												
22	<b>TURNER, Caleb</b> Dixon	#424 119' 0"												
23	<b>PETTIPAS, Brody</b> West Carteret	#2020 122' 7"												
24	<b>MCKOY, Antwan</b> St. Pauls	#1911 123' 4"												
25	<b>BRANDT, Grady</b> Dixon	#366 126' 7"												
26	<b>HAMMONDS, Jayden</b> Currituck County	#276 126' 7"												
27	<b>MITCHELL, James</b> Richlands	#1313 129' 7"												
28	<b>ANDERSON, Rahlai</b> Northside (5A)	#1053 129' 11"												
29	<b>BROCK, Gregor</b> South Brunswick	#1504 144' 2"												
30	<b>COWAN, William "Seth"</b> Charles B. Aycock	#24 145' 1"												
31	<b>JONES, Micahis</b> Rocky Mount	#1408 147' 8"												
32	<b>FITZSIMMONS, Everett</b> Croatan	#160 149' 6"												
33	<b>HARRIS, Devinn</b> Durham School of the Ar	#583 153' 6"												
34	<b>MCLEOD, Keanu</b> Currituck County	#289 165' 6"												

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**#35 Boys Discus (cont'd)**

Date:		Start Time:		Finish Time:		Recorder:		Head Official:		
Heat 1 of 1		Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place	
17										
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**#34 Girls Shot Put**

Date:			Start Time:			Finish Time:			Recorder:			Head Official:		
Heat 1 of 1			Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place				
9	<b>GOMEZ, Sophia</b> Currituck County	#337 26' 9"												
10	<b>WILSON, Alyssa</b> Richlands	#1377 27' 2"												
11	<b>ENGLE, Kennedy</b> Croatan	#219 27' 9"												
12	<b>COLLINS, Penelope</b> West Carteret	#2049 28' 4"												
13	<b>ETHERIDGE, NeVaeh</b> Currituck County	#331 28' 4.50"												
14	<b>ROBERTSON, Myangel</b> Dixon	#485 28' 9"												
15	<b>PRATT, Sha'Maihya</b> St. Pauls	#1958 28' 11"												
16	<b>PERRY, Serenity</b> Rocky Mount	#1478 29' 6"												
17	<b>JONES, Chianne</b> West Carteret	#2063 30' 2"												
18	<b>CLAYTON, Iralynd</b> J.F. Webb	#1021 32' 9"												
19	<b>SALTER, Baily</b> West Carteret	#2080 33' 0.50"												
20	<b>KRUPEY, O'Lora</b> Havelock	#825 34' 6"												
21	<b>WILSON, Shania</b> Rocky Mount	#1496 34' 6"												
22	<b>BROCK, Kylie</b> South Brunswick	#1549 35' 10"												
23	<b>GURGANUS, Zamara</b> Charles B. Aycock	#98 35' 11"												
24	<b>FREDERICK, Alonna</b> Charles B. Aycock	#90 38' 4"												

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**#34 Girls Shot Put (cont'd)**

Date:	Start Time:	Finish Time:	Recorder:	Head Official:						
Heat 1 of 1	Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place		
17										
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**#33 Boys Shot Put**

Date:			Start Time:			Finish Time:			Recorder:			Head Official:		
Heat 1 of 1			Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place				
16	<b>BENTZ, Zachary</b> Croatan	#136 39' 7"												
17	<b>FITZPATRICK-BROADNAX, Jaden</b> Durham School of the Ar	#571 39' 9"												
18	<b>BRINCHI, Braden</b> Charles B. Aycock	#15 40' 10"												
19	<b>LASSITER, Anthony</b> J.F. Webb	#985 41' 3"												
20	<b>MITCHELL, James</b> Richlands	#1313 42' 3.50"												
21	<b>BRANDT, Grady</b> Dixon	#366 42' 8"												
22	<b>GREENE, Da'qavis</b> Fike High School	#687 42' 10"												
23	<b>MCKOY, Antwan</b> St. Pauls	#1911 43' 2"												
24	<b>HERRING, Nick</b> Richlands	#1294 43' 4"												
25	<b>MCCLAIN, Alex</b> Croatan	#178 44' 8"												
26	<b>HAMMONDS, Jayden</b> Currituck County	#276 46' 1"												
27	<b>BROCK, Gregor</b> South Brunswick	#1504 47' 4"												
28	<b>MCLEOD, Keanu</b> Currituck County	#289 49' 5"												
29	<b>JONES, Micahis</b> Rocky Mount	#1408 50' 2"												
30	<b>HARRIS, Devinn</b> Durham School of the Ar	#583 50' 6.50"												

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**#33 Boys Shot Put (cont'd)**

Date:		Start Time:	Finish Time:	Recorder:	Head Official:					
Heat 1 of 1		Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place	
31	<b>COWAN, William "Seth"</b> Charles B. Aycock	#24 51' 9"								
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**#32 Girls Triple Jump**

**Date:** \_\_\_\_\_ **Start Time:** \_\_\_\_\_ **Finish Time:** \_\_\_\_\_ **Recorder:** \_\_\_\_\_ **Head Official:** \_\_\_\_\_

Heat 1 of 1			Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place
3	<b>KOPS, Lana</b> Dixon	#462 27' 10"	-----	-----	-----	-----	-----	-----		
4	<b>HARRIS, Summer</b> West Carteret	#2055 28' 4"	-----	-----	-----	-----	-----	-----		
5	<b>SHARPE, Emoree</b> Hunt High School	#955 28' 8"	-----	-----	-----	-----	-----	-----		
6	<b>CRUZ-ROMAN, Isabella</b> Dixon	#438 28' 8.50"	-----	-----	-----	-----	-----	-----		
7	<b>STRAYHORN, Analyn</b> Havelock	#844 29' 10.50"	-----	-----	-----	-----	-----	-----		
8	<b>JONES, Cassandra</b> Hunt High School	#941 30' 2"	-----	-----	-----	-----	-----	-----		
9	<b>SILVER, Sanai</b> Rocky Mount	#1487 30' 2.50"	-----	-----	-----	-----	-----	-----		
10	<b>BAKER, Kayla</b> Southern Nash	#1736 30' 4"	-----	-----	-----	-----	-----	-----		
11	<b>REID, Jaillia</b> Northside (5A)	#1187 30' 9.50"	-----	-----	-----	-----	-----	-----		
12	<b>WATSON, Kyndal</b> Southern Nash	#1796 30' 10"	-----	-----	-----	-----	-----	-----		
13	<b>CARTER, Janiyah</b> Havelock	#818 30' 10.75"	-----	-----	-----	-----	-----	-----		
14	<b>SIMMONS, A'Niyah</b> Rocky Mount	#1490 31' 9.75"	-----	-----	-----	-----	-----	-----		
15	<b>TYRELL, Layla</b> West Carteret	#2086 34' 3"	-----	-----	-----	-----	-----	-----		
16	<b>YOUNGDAHL, Alexa</b> Croatan	#255 34' 10"	-----	-----	-----	-----	-----	-----		
17	<b>JONES, Kira</b> Rocky Mount	#1462 36' 8.25"	-----	-----	-----	-----	-----	-----		
18	<b>COOPER, Taylor</b> Northside (5A)	#1161 38' 7"	-----	-----	-----	-----	-----	-----		

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**#32 Girls Triple Jump (cont'd)**

Date:		Start Time:		Finish Time:		Recorder:		Head Official:	
Heat 1 of 1		Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place
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**#31 Boys Triple Jump**

Date:			Start Time:			Finish Time:			Recorder:			Head Official:		
Heat 1 of 1			Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place				
14	<b>PIERRE, Josh</b> Richlands	#1319 38' 7.50"	-----	-----	-----	-----	-----	-----						
15	<b>JONES, Jeffrey</b> Havelock	#776 38' 8"	-----	-----	-----	-----	-----	-----						
16	<b>GRAY, Reginald</b> Northside (5A)	#1080 38' 8.50"	-----	-----	-----	-----	-----	-----						
17	<b>FARROW, Corben</b> South Brunswick	#1506 40' 0"	-----	-----	-----	-----	-----	-----						
18	<b>ALEXANDER, Aiden</b> Richlands	#1264 40' 3"	-----	-----	-----	-----	-----	-----						
19	<b>HENDERSON, Christian</b> Durham School of the Ar	#589 40' 6"	-----	-----	-----	-----	-----	-----						
20	<b>COBBS, Aubrey</b> St. Pauls	#1892 41' 0"	-----	-----	-----	-----	-----	-----						
21	<b>ROBERTS, Noah</b> Charles B. Aycock	#60 41' 4"	-----	-----	-----	-----	-----	-----						
22	<b>MITCHELL, Jamir</b> Northside (5A)	#1112 41' 6"	-----	-----	-----	-----	-----	-----						
23	<b>SUGGS, Devin</b> St. Pauls	#1936 41' 6"	-----	-----	-----	-----	-----	-----						
24	<b>TUCK, TyKevis</b> J.F. Webb	#1012 41' 7"	-----	-----	-----	-----	-----	-----						
25	<b>MOTLEY, Austin</b> West Carteret	#2014 42' 5"	-----	-----	-----	-----	-----	-----						
26	<b>MCDONALD, Rushawn</b> West Carteret	#2009 42' 5"	-----	-----	-----	-----	-----	-----						
27	<b>HOWARD, Jayden</b> Havelock	#768 43' 9"	-----	-----	-----	-----	-----	-----						
28	<b>HANEY, Jaden</b> Rocky Mount	#1405 48' 5"	-----	-----	-----	-----	-----	-----						
29	<b>ROOKS, D'Koda</b> Southern Nash	#1720 42' 5"	-----	-----	-----	-----	-----	-----						

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**#31 Boys Triple Jump (cont'd)**

Date:		Start Time:		Finish Time:		Recorder:		Head Official:		
Heat 1 of 1		Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place	
17										
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**#30 Girls Long Jump**

Date:			Start Time:			Finish Time:			Recorder:			Head Official:		
Heat 1 of 1			Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place				
8	<b>REID, Jaillia</b> Northside (5A)	#1187 14' 5"												
9	<b>MATHUS, Julia</b> Durham School of the Ar	#643 14' 8"												
10	<b>ROSE, Peyton</b> Richlands	#1361 14' 8.50"												
11	<b>BAKER, Kayla</b> Southern Nash	#1736 14' 10"												
12	<b>RAMSEY, Takeya</b> South Granville	#1671 14' 11"												
13	<b>JONES, Madelyn</b> Croatan	#227 15' 3"												
14	<b>WILSON, London</b> South Granville	#1686 15' 3"												
15	<b>COTTINGHAM, Ajah</b> Rocky Mount	#1452 15' 4"												
16	<b>BATTLE, India</b> Rocky Mount	#1447 15' 4"												
17	<b>WOODLEY, Arianna</b> Currituck County	#362 16' 1"												
18	<b>HUMPHREY, Leah</b> St. Pauls	#1948 16' 4"												
19	<b>THOMAS, Amiah</b> Dixon	#491 16' 7.50"												
20	<b>YOUNGDAHL, Alexa</b> Croatan	#255 16' 10"												
21	<b>BRIDGERS, Anieya</b> Durham School of the Ar	#623 17' 0.50"												
22	<b>BRADLEY, Jaliyah</b> Havelock	#814 17' 8"												

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**#30 Girls Long Jump (cont'd)**

Date:		Start Time:	Finish Time:	Recorder:	Head Official:					
Heat 1 of 1			Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place
23	COOPER, Taylor Northside (5A)	#1161 18' 0.50"								
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Date:		Start Time:		Finish Time:		Recorder:		Head Official:	
Heat 1 of 1		Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place
22	<b>MITCHELL, Jamir</b> Northside (5A)	#1112 20' 3"	-----	-----	-----	-----	-----	-----	
23	<b>HORTON, Howard</b> South Granville	#1599 20' 4"	-----	-----	-----	-----	-----	-----	
24	<b>ALEXANDER, Aiden</b> Richlands	#1264 20' 4.50"	-----	-----	-----	-----	-----	-----	
25	<b>MOTLEY, Austin</b> West Carteret	#2014 20' 5.50"	-----	-----	-----	-----	-----	-----	
26	<b>DOWDY, Shawne</b> Durham School of the Ar	#568 20' 6"	-----	-----	-----	-----	-----	-----	
27	<b>CARR, Jaylen</b> Southern Wayne	#1811 20' 10"	-----	-----	-----	-----	-----	-----	
28	<b>THORNTON, Tomaz</b> South Granville	#1631 20' 11"	-----	-----	-----	-----	-----	-----	
29	<b>YOUNG, Edward</b> South Brunswick	#1544 21' 1"	-----	-----	-----	-----	-----	-----	
30	<b>MOORE, Ivory</b> Southern Wayne	#1836 21' 2"	-----	-----	-----	-----	-----	-----	
31	<b>SUGGS, Devin</b> St. Pauls	#1936 21' 2"	-----	-----	-----	-----	-----	-----	
32	<b>WHITEHEAD, Anthony</b> Douglas Byrd	#538 21' 2.50"	-----	-----	-----	-----	-----	-----	
33	<b>PETERSON, Tristan</b> Currituck County	#301 21' 7"	-----	-----	-----	-----	-----	-----	
34	<b>HANEY, Jaden</b> Rocky Mount	#1405 22' 1"	-----	-----	-----	-----	-----	-----	
35	<b>BRISBON, Jordon</b> Person	#1198 22' 3"	-----	-----	-----	-----	-----	-----	
36	<b>LONG, Elijah</b> J.F. Webb	#989 22' 9"	-----	-----	-----	-----	-----	-----	
37	<b>PATILLO, Zyking</b> Havelock	#787 23' 0.50"	-----	-----	-----	-----	-----	-----	

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Heat 1 of 1		Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place	
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