



What: Central Invite Track Meet

When: Friday, ~~April 24th, 2026~~ Changed to April 22, 2026

Where: Duane Schopp Track & Field Complex

Scratch Meeting: Via Milesplit. Entries close at 7:30 a.m. Friday, April 22.

FIELD EVENTS: 10:00 AM

RUN EVENTS: 10:00 AM

ENTRY FEE: \$400.00 per school

No locker rooms are available.

REGULATIONS: Each school will be allowed unlimited entries, and a participant may enter a maximum of 4 events. Field events: 3 prelim attempts followed by 3 final attempts.

AWARDS: No awards or trophies will be presented.

SPIKES: Maximum length 3/16 inch, NO NEEDLES.

TIMES: FAT using Finish Lynx timing system.

FINALS: Field events will have prelims & Finals. All running events are finals only.

ENTRY FORM: ONLINE ENTRY: *Results will be uploaded to Milesplit at the conclusion of the meet.*

Hospitality Room: Will be located in the track shed for coaches, bus drivers, and event staff help.

Team Camps: Will be located to the east of the track.

Minimum Distances: All participants will have their first attempt measured. All attempts following must meet minimum distances. Girls shot 28' - Boys Shot 36' – Girls Discus 60' – Boys Discus 90' – Girls Long Jump – 14' Boys Long Jump 18' – Girls Triple Jump 30' – Boys Triple Jump 38'. May be adjusted after we see entries.

Questions: Barry Ward – barry.ward@laramie1.org

Inclement weather, please call Barry Ward (307)256-0499 or Bruce Mowry (307)421-2269.



Central Invite Track & Field Meet

ORDER OF EVENTS

- 10:00 am Boys Discus followed by Girls Discus
Girls Shot followed by Boys Shot
Boys Triple Jump followed by Girls Triple Jump
Girl's High Jump followed by Boys High Jump
Boy's Pole Vault followed by Girls Pole Vault
Girls Long Jump followed by Boys Long Jump
- 10:00 am 1600 Meter Sprint Medley Relay
3200 Meter Relay
100 M High Hurdles G - Final
110 M High Hurdles B - Final
100 M Dash G – B Final
1600 M Run G – B Final
400 M Relay G – B Final
400 M Dash G – B Final
300 M Low Hurdle G – B Final
800 M Run G – B Final
200 M Dash G – B Final
3200 Meter Run G – B Final
1600 M Relay G – B Final