

# 1A REGIONAL TRACK & FIELD MEET

## Field Events - 12:00 PM MT/1:00 PM CT

**High Jump** - Girls west pit - Boys east pit

**Pole Vault** - West side of FB field - Girls followed by boys.

**Discus** - Boys followed by Girls - North Ring

**Javelin** - North of practice field on rodeo grounds, Boys west area, Girls east area

**Shot** - Girls followed by Boys - West ring

**Triple Jump** on the East Side of the football field, Boys followed by Girls.\*\*

**Long Jump** on the East Side of the football field, Girls followed by Boys.\*\*

\*\*Direction of LJ and TJ will be dependent upon the wind direction.

## Running Prelims Starting at 2:00 pm MT/3:00 pm CT

### Girls followed by Boys

100/110 m hurdles

100 m dash

4 x 800 m relay - **FINALS**

200 m dash

### 30-minute break

### Finals

100/110 m hurdles

100 m dash - Wheelchair after boys (if needed).

1600 m run - Wheelchair after boys (if needed).

4 x 100 m relay

400 m dash - Wheelchair after boys (if needed).

300 M hurdles

800 m run

200 m dash

3200 m run

4 x 400 m relay

Please note, running finals will be on a rolling schedule.

## PRESENTATION OF CHAMPION AND RUNNER-UP PLAQUES