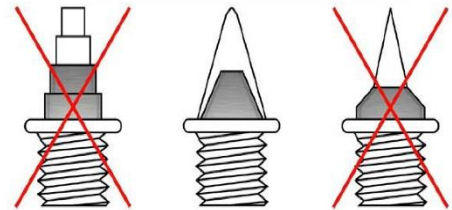


MHSAA State Track & Field Meet Coaches Information Sheet

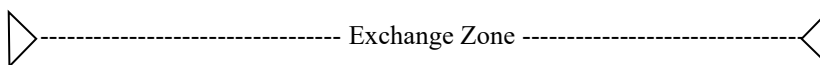
- **Scoring:** 10 – 8 – 6 – 5 – 4 – 3 – 2 – 1
- **ATHLETES ARE LIMITED TO FOUR EVENTS!!! ALL EVENTS THAT AN ATHLETE QUALIFIES FOR IN THE STATE MEET COUNT TOWARD THAT ATHLETE'S FOUR EVENTS, WHETHER THEY COMPETE IN THAT EVENT OR NOT!!!**
- All participants must compete in a school-approved uniform. **ALL MEMBERS OF A RELAY TEAM MUST WEAR IDENTICAL UNIFORMS!!!**
- The top three in each event will receive medals.
- Coaches with competitors competing in the pole vault must turn in a signed **Pole Vault Confirmation Form** to the Pole Vault Judge to compete! **Coaches must visit <http://ms.milesplit.com/> to download this form and bring it to the meet.**
- Coaches with a team competing in the relays must turn in a **Relay Entry Confirmation Sheet** to the clerk of the course. **Coaches must visit <http://ms.milesplit.com/> to download this form and bring it to the meet.** Any changes in relay personnel during the meet must be recorded on the confirmation sheet before the end of the meet.
- **Starting Blocks** will be provided! Schools will **NOT** be allowed to use their blocks!
- **Spikes:** Only 1/8" or 3/16" pyramid, disk, or hex-head spikes will be allowed (NO PIN or CHRISTMAS TREE SPIKES)! Only the rear spikes in high jump shoes may be 1/4"! Athletes checking in with the clerk of the course with unapproved spikes will not be allowed to compete! **At any time, athletes found competing with unapproved spikes will be disqualified!!!**
- Athletes will be given six straight (6) throws or jumps in the shot, discus, long jump, and triple jump.
- **Starting heights for the pole vault:** Boys 8' & Girls 6'.
- **Starting heights for the high jump** will be determined from the entries.
- Throwing implements must be weighted in and approved. The weigh-in area will be located in front of the Pearl Track and Field fieldhouse, located at the Southwest end of the track facility! Unapproved implements will be impounded during competition. Implements may be picked up after the completion of the field events. **All implements must be weighed in by 11:30 a.m.!!!**
- **MARKERS FOR STEPS AND RELAY EXCHANGES WILL BE FURNISHED!**
- **The stands are designated for coaches and spectators only! Teams should bring a tarp and some type of shelter to setup in the designated team areas.**
- **Teams are not to set up tents or team camps on the sidewalks, between the two sets of bleachers, or in the south end of the facility!**
- **All** field events are contested inside the fenced area of the Pirate Track & Field Facility. **NO ONE WILL BE ALLOWED INSIDE THE INFIELD FENCED AREA EXCEPT ATHLETES PARTICIPATING AT THE TIME.** A coach's box (bleachers) will be provided in the infield for coaches with participants in the shot, discus, high jump, and pole vault.
- The Only entrance onto the track for participants and coaches will be through the clerk of the course tent!
- Athletes are to warm up outside the infield fence. **NO WARMUP WILL BE ALLOWED ON THE INFIELD!** On the first call, athletes are to report to the Clerk of the Course Pavilion (only entrance onto the track and infield area)! Athletes who do not report will be scratched. On the second call, athletes will be released to report to the starting line or exchange zone areas. On the third call, athletes will be released to move to their assigned positions/lanes on the track. Athletes are to move out of the infield-fenced area after their event.



- Starting / Break Lines (color-coded): **Blue:** 110 Hurdles, 4 x 400; **Green:** 4 x 200, Break Line; **White:** 100, 200, 800, 1600, 3200, 100 Hurdles, 300 Hurdles, 4 x 800; **Yellow:** 400, 4 x 100 Relay; **Black:** Reverse 200 Start
- Exchange Zones (color-coded) :

30 Meters	-	4 x 100 & 4 x 200 m Relays
20 Meters	-	4 x 400 & 4 x 800 m Relays

NO INTERNATIONAL (ACCELERATION) ZONES!!!



<u>Relay</u>	<u>4 x 100 m Relay</u>	<u>4 x 200 m Relay</u>	<u>4 x 400 m Relay</u>	<u>4 x 800 m</u>
1st Exchange	Yellow/Yellow	Green/Green	Blue/Blue	Blue/Blue
2nd Exchange	Yellow/Yellow	Green/Green	Blue/Blue	Blue/Blue
3rd Exchange	Yellow/Yellow	Yellow/Yellow	Blue/Blue	Blue/Blue

- Competition Areas (See track & field complex map):

LJ/TJ	Runway 1	(Pit #1 or #2)	All Boys LJs followed by 7A Girls Triple Jump
LJ/TJ	Runway 2	(Pit #2 or #3)	All Girls LJs followed by 3A/4A/5A/Girls Triple Jump
LJ/TJ	Runway 4 or 5	(Pit #4 or #5)	All Boys TJs followed by 1A/2A/6A Girls Triple Jump

Note: LJ/TJ Pits to be used are determined by the wind direction!

Shot Ring #1	All Girls
Shot Ring #2	All Boys
Discus Ring #1	All Girls
Discus Ring #2	All Boys
Pole Vault Pit #1	3A/4A/6A/7A Boys & Girls
Pole Vault Pit #1 or #2	1A/2A/5A Boys & Girls

- All Girls 3200 Meter Runs will be run after the 200 Meter Dash in 2026!**
- Athletes, coaches and fans can access TRUE live results and team scores on their mobile devices through **AthleticLIVE** at <https://live.piratetiming.com/> during the meet! Complete results will be posted at <http://misshsaa.com/> and <http://ms.milesplit.com/> the evening of the state meet.
- A FinishLynx Timing System will be used to time the meet. Hip numbers will be used for all races. These numbers **MUST** be placed on the **LEFT HIP**, NOT the thigh and also must be visible (not covered by a jersey)! Also, numbers will be issued to be placed on the **LEFT SHOULDER** In all distance races 800 & over and to each anchor leg of the 4 x 400m & 4 x 800m Relays.

Coaches PLEASE inform your athletes as to the correct position!!!



Correct

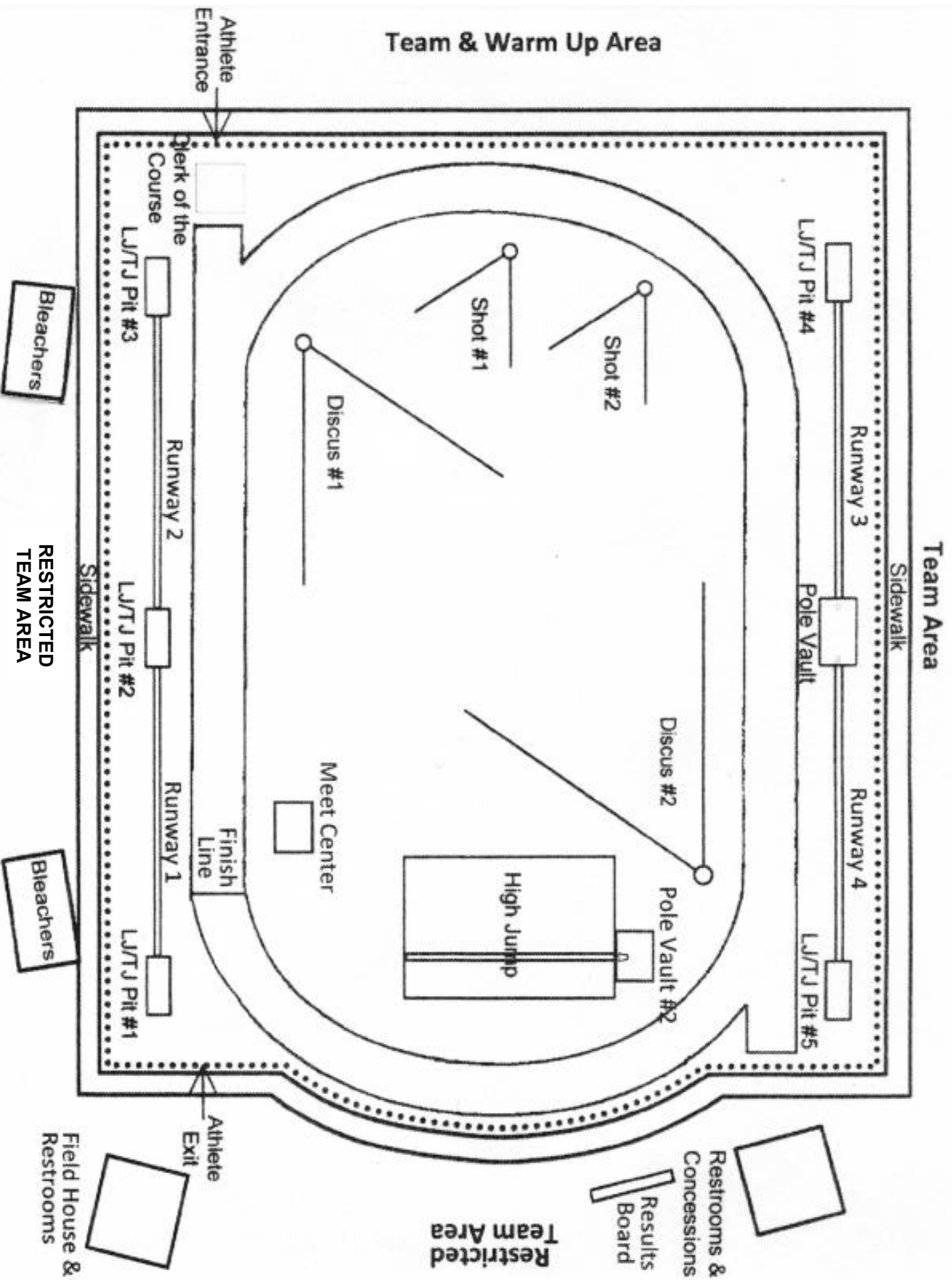


Incorrect



Correct

Woody Barnett Track & Field Complex – Pearl High School, Pearl, Mississippi



2026 MHSAA 2A & 4A State Track & Field Championships

SCHEDULE OF EVENTS – FRIDAY, MAY 1

FIELD EVENTS

10:00	Pole Vault (Pit 1)	-	<u>4A Boys</u>	Followed by	<u>4A Girls</u>
	Long Jump Pit 1 or 2*)	-	<u>2A Boys</u>	Followed by	<u>4A Boys</u>
	Long Jump (Pit 2 or 3*)	-	<u>2A Girls</u>	Followed by	<u>4A Girls</u>
	Triple Jump (Pit 4 or 5*)	-	<u>4A Boys</u>	Followed by	<u>2A Boys</u>
	<u>2A Girls</u> Triple Jump (Pit 4 or 5*)	-	Will Follow 2A Boys Triple Jump		
	<u>4A Girls</u> Triple Jump (Pit 2 or 3*)	-	Will Follow 2A Girls Long Jump		
10:30	High Jump	-	<u>2A Boys</u>	Followed by	<u>4A Boys</u>
	High Jump	-	<u>4A Girls</u>	Followed by	<u>2A Girls</u>
	Shot (Ring 2)	-	<u>2A Boys</u>	Followed by	<u>4A Boys</u>
	Shot (Ring 1)	-	<u>2A Girls</u>	Followed by	<u>4A Girls</u>
	Discus (Ring 2)	-	<u>4A Boys</u>	Followed by	<u>2A Boys</u>
	Discus (Ring 1)	-	<u>4A Girls</u>	Followed by	<u>2A Girls</u>
12:00	Triple Jump Pit 1 or 2*)	-	<u>2A Girls</u>	Followed by	<u>4A Girls</u>
	Pole Vault (Pit 1 or 2)	-	<u>2A Boys</u>	Followed by	<u>2A Girls</u>

***Note: Pits to be used will be determined by wind direction!**

RUNNING EVENTS

10:30

2A Girls 4 x 800 Meter Relay	2A Girls 4 x 200 Meter Relay	2A Girls 800 Meter Run
4A Girls 4 x 800 Meter Relay	4A Girls 4 x 200 Meter Relay	4A Girls 800 Meter Run
2A Boys 4 x 800 Meter Relay	2A Boys 4 x 200 Meter Relay	2A Boys 800 Meter Run
4A Boys 4 x 800 Meter Relay	4A Boys 4 x 200 Meter Relay	4A Boys 800 Meter Run
2A Boys 3200 Meter Run	2A Girls 1600 Meter Run	2A Girls 200 Meter Dash
4A Boys 3200 Meter Run	4A Girls 1600 Meter Run	4A Girls 200 Meter Dash
	2A Boys 1600 Meter Run	2A Boys 200 Meter Dash
1:00 May Start a Few Minutes Earlier!!!	4A Boys 1600 Meter Run	4A Boys 200 Meter Dash
2A Girls 100 Meter High Hurdles	2A Girls 4 x 100 Meter Relay	2A Girls 3200 Meter Run
4A Girls 100 Meter High Hurdles	4A Girls 4 x 100 Meter Relay	4A Girls 3200 Meter Run
2A Boys 110 Meter High Hurdles	2A Boys 4 x 100 Meter Relay	
4A Boys 110 Meter High Hurdles	4A Boys 4 x 100 Meter Relay	2A Girls 4 x 400 Meter Relay
		4A Girls 4 x 400 Meter Relay
2A Girls 100 Meter Dash	2A Girls 400 Meter Dash	2A Boys 4 x 400 Meter Relay
4A Girls 100 Meter Dash	4A Girls 400 Meter Dash	4A Boys 4 x 400 Meter Relay
2A Boys 100 Meter Dash	2A Boys 400 Meter Dash	
4A Boys 100 Meter Dash	4A Boys 400 Meter Dash	Presentation of Trophies
	2A Girls 300 Meter Low Hurdles	
	4A Girls 300 Meter Low Hurdles	
	2A Boys 300 Meter Int. Hurdles	
	4A Boys 300 Meter Int. Hurdles	

2026 MHSAA 5A, 6A, & 7A State Track & Field Championships

SCHEDULE OF EVENTS – SATURDAY, MAY 2 FIELD EVENTS

10:00	Pole Vault (Pit 1)	-	<u>6A Boys</u>	Followed by	<u>7A Boys</u>		
	Long Jump (Pit 1 or 2*)	-	<u>5A Boys</u>	Followed by	<u>6A Boys</u>	Followed by	<u>7A Boys</u>
	Long Jump (Pit 2 or 3*)	-	<u>5A Girls</u>	Followed by	<u>6A Girls</u>	Followed by	<u>7A Girls</u>
	Triple Jump (Pit 4 or 5*)	-	<u>7A Boys</u>	Followed by	<u>5A Boys</u>	Followed by	<u>6A Boys</u>
	<u>7A Girls</u> Triple Jump (Pit 1 or 2*)	-	Will Follow 7A Boys Long Jump				
	<u>6A Girls</u> Triple Jump (Pit 4 or 5*)	-	Will Follow 7A Girls Long Jump				
	<u>5A Girls</u> Triple Jump (Pit 2 or 3*)	-	Will Follow 6A Boys Triple Jump				
10:30	High Jump	-	<u>5A Boys</u>	Followed by	<u>7A Boys</u>	Followed by	<u>6A Boys</u>
	High Jump	-	<u>5A Girls</u>	Followed by	<u>7A Girls</u>	Followed by	<u>6A Girls</u>
	Shot (Ring 2)	-	<u>7A Boys</u>	Followed by	<u>5A Boys</u>	Followed by	<u>6A Boys</u>
	Shot (Ring 1)	-	<u>7A Girls</u>	Followed by	<u>5A Girls</u>	Followed by	<u>6A Girls</u>
	Discus (Ring 2)	-	<u>5A Boys</u>	Followed by	<u>6A Boys</u>	Followed by	<u>7A Boys</u>
	Discus (Ring 1)	-	<u>5A Girls</u>	Followed by	<u>6A Girls</u>	Followed by	<u>7A Girls</u>
1:00	Pole Vault (Pit 1)	-	<u>6A Girls</u>	Followed by	<u>7A Girls</u>		
	Pole Vault (Pit 2)	-	<u>5A Boys</u>	Followed by	<u>5A Girls</u>		

***Note:** Pits to be used will be determined by wind direction!

RUNNING EVENTS

10:20

5A Girls 4 x 800 Meter Relay
6A Girls 4 x 800 Meter Relay
7A Girls 4 x 800 Meter Relay
5A Boys 4 x 800 Meter Relay
6A Boys 4 x 800 Meter Relay
7A Boys 4 x 800 Meter Relay

5A Boys 3200 Meter Run
6A Boys 3200 Meter Run
7A Boys 3200 Meter Run

2:00 **May Start a Few Minutes Earlier!!!**

5A Girls 100 Meter High Hurdles
6A Girls 100 Meter High Hurdles
7A Girls 100 Meter High Hurdles
5A Boys 110 Meter High Hurdles
6A Boys 110 Meter High Hurdles
7A Boys 110 Meter High Hurdles

5A Girls 100 Meter Dash
6A Girls 100 Meter Dash
7A Girls 100 Meter Dash
5A Boys 100 Meter Dash
6A Boys 100 Meter Dash
7A Boys 100 Meter Dash

5A Girls 4 x 200 Meter Relay
6A Girls 4 x 200 Meter Relay
7A Girls 4 x 200 Meter Relay
5A Boys 4 x 200 Meter Relay

6A Boys 4 x 200 Meter Relay
7A Boys 4 x 200 Meter Relay

5A Girls 1600 Meter Run
6A Girls 1600 Meter Run
7A Girls 1600 Meter Run
5A Boys 1600 Meter Run
6A Boys 1600 Meter Run
7A Boys 1600 Meter Run

5A Girls 4 x 100 Meter Relay
6A Girls 4 x 100 Meter Relay
7A Girls 4 x 100 Meter Relay
5A Boys 4 x 100 Meter Relay
6A Boys 4 x 100 Meter Relay
7A Boys 4 x 100 Meter Relay

5A Girls 400 Meter Dash
6A Girls 400 Meter Dash
7A Girls 400 Meter Dash
5A Boys 400 Meter Dash
6A Boys 400 Meter Dash
7A Boys 400 Meter Dash

5A Girls 300 Meter Low Hurdles
6A Girls 300 Meter Low Hurdles
7A Girls 300 Meter Low Hurdles
5A Boys 300 Meter Int. Hurdles
6A Boys 300 Meter Int. Hurdles
7A Boys 300 Meter Int. Hurdles

5A Girls 800 Meter Run
6A Girls 800 Meter Run
7A Girls 800 Meter Run
5A Boys 800 Meter Run
6A Boys 800 Meter Run
7A Boys 800 Meter Run

5A Girls 200 Meter Dash
6A Girls 200 Meter Dash
7A Girls 200 Meter Dash
5A Boys 200 Meter Dash
6A Boys 200 Meter Dash
7A Boys 200 Meter Dash

5A Girls 3200 Meter Run
6A Girls 3200 Meter Run
7A Girls 3200 Meter Run

5A Girls 4 x 400 Meter Relay
6A Girls 4 x 400 Meter Relay
7A Girls 4 x 400 Meter Relay
5A Boys 4 x 400 Meter Relay
6A Boys 4 x 400 Meter Relay
7A Boys 4 x 400 Meter Relay

Presentation of Trophies

2026 MHSAA 1A & 3A State Track & Field Championships

SCHEDULE OF EVENTS – MONDAY, MAY 4

FIELD EVENTS

10:00	Pole Vault (Pit 1)	-	<u>3A Boys</u>	Followed by	<u>3A Girls</u>
	Long Jump (Pit 1 or 2*)	-	<u>1A Boys</u>	Followed by	<u>3A Boys</u>
	Long Jump (Pit 2 or 3*)	-	<u>1A Girls</u>	Followed by	<u>3A Girls</u>
	Triple Jump (Pit 4 or 5*)	-	<u>3A Boys</u>	Followed by	<u>1A Boys</u>
	<u>1A Girls</u> Triple Jump (Pit 4 or 5*)	-	Will Follow 1A Boys Triple Jump		
	<u>3A Girls</u> Triple Jump (Pit 2 or 3*)	-	Will Follow 3A Girls Long Jump		
10:30	High Jump	-	<u>1A Boys</u>	Followed by	<u>3A Boys</u>
	High Jump	-	<u>3A Girls</u>	Followed by	<u>1A Girls</u>
	Shot (Ring 2)	-	<u>1A Boys</u>	Followed by	<u>3A Boys</u>
	Shot (Ring 1)	-	<u>1A Girls</u>	Followed by	<u>3A Girls</u>
	Discus (Ring 2)	-	<u>3A Boys</u>	Followed by	<u>1A Boys</u>
	Discus (Ring 1)	-	<u>3A Girls</u>	Followed by	<u>1A Girls</u>
12:00	Pole Vault (Pit 1 or 2)	-	<u>1A Boys</u>	Followed by	<u>1A Girls</u>

***Note:** Pits to be used will be determined by wind direction!

RUNNING EVENTS

10:30			
1A Girls 4 x 800 Meter Relay	1A Girls 4 x 200 Meter Relay	1A Girls 800 Meter Run	
3A Girls 4 x 800 Meter Relay	3A Girls 4 x 200 Meter Relay	3A Girls 800 Meter Run	
1A Boys 4 x 800 Meter Relay	1A Boys 4 x 200 Meter Relay	1A Boys 800 Meter Run	
3A Boys 4 x 800 Meter Relay	3A Boys 4 x 200 Meter Relay	3A Boys 800 Meter Run	
1A Boys 3200 Meter Run	1A Girls 1600 Meter Run	1A Girls 200 Meter Dash	
3A Boys 3200 Meter Run	3A Girls 1600 Meter Run	3A Girls 200 Meter Dash	
	1A Boys 1600 Meter Run	1A Boys 200 Meter Dash	
1:00 May Start a Few Minutes Earlier!!!	3A Boys 1600 Meter Run	3A Boys 200 Meter Dash	
1A Girls 100 Meter High Hurdles	1A Girls 4 x 100 Meter Relay	1A Girls 3200 Meter Run	
3A Girls 100 Meter High Hurdles	3A Girls 4 x 100 Meter Relay	3A Girls 3200 Meter Run	
1A Boys 110 Meter High Hurdles	1A Boys 4 x 100 Meter Relay		
3A Boys 110 Meter High Hurdles	3A Boys 4 x 100 Meter Relay	1A Girls 4 x 400 Meter Relay	
1A Girls 100 Meter Dash	1A Girls 400 Meter Dash	3A Girls 4 x 400 Meter Relay	
3A Girls 100 Meter Dash	3A Girls 400 Meter Dash	1A Boys 4 x 400 Meter Relay	
1A Boys 100 Meter Dash	1A Boys 400 Meter Dash	3A Boys 4 x 400 Meter Relay	
3A Boys 100 Meter Dash	3A Boys 400 Meter Dash	Presentation of Trophies	
	1A Girls 300 Meter Low Hurdles		
	3A Girls 300 Meter Low Hurdles		
	1A Boys 300 Meter Int. Hurdles		
	3A Boys 300 Meter Int. Hurdles		