



South Barber Invitational
April 14, 2026

To: Track Coach and/or A.D
From: Mike Shklar
Re: Upcoming Track Meet
Date: 4-14,2026

Dear Coaches,

The South Barber Invitational Track Meet will be held at the South Barber athletic field in Kiowa on Tuesday, April 14, 2026. The coaches meeting will be held in the weight room at 2:30 p.m. The field events will begin at 3:00 p.m..

The preliminaries for the mens and womens 100 and 200 meter dashes, mens 3200 meter race, 100 and 110 hurdles will begin at 4:30 p.m.. We will run the men's 3200 meter race after the 200 meter preliminaries. The 100 and 110 meter hurdle preliminaries will be run after the men's 3200 meter race.

The track is a six-lane all -weather track (use only $\frac{1}{4}$ and $\frac{1}{8}$ spikes). The finals will begin 30 minutes after the prelims are finished.

Qualifications for finals in the running events will be by time, not by place. Six will go to finals. We will allow substitution at the field events as well as scratches. There will be no additions after we have received your entry form. We are limiting entries to three per event. Medals will be awarded to the top six finishers. The scoring of the meet points will go as follows: 10-8-6-4-2-1.

There will be four attempts or throws in all field events. We may use the "five alive" system in the high jump and pole vault. There will be no finals in the field events. The starting heights for high jump and pole vault will be determined at the coaches meeting. The entry fee will be \$80.00 for the boys and \$80.00 for the girls or \$160.00 for both teams

The method for entries has changed from previous years, and you may enter your teams using "*MileSplit* KS." Please email me with any questions that may arise.

South Barber 7-12
1220 N. 8th Street
Kiowa, KS 67070
833-722-7237
michaelsh@southbarber.com



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2:30 p.m.

Coaches meeting at the weight room
northeast of the track

3:00 p.m.

Boys Discus - East Ring
* Boys Shot - East Ring
Girls Discus - West Ring
*Girls Shot - West Ring
High Jump - Girls - Boys
Long Jump - Boys North Pit
 - Girls South Pit
Boys Javelin - East Field
Girls Javelin - SW field
Triple Jump (boys followed by girls East
Pit)
Pole Vault - Girls - Boys

4:15 p.m.

Boys 3200 M

4:30 p.m. Prelims

Boys' 100 M
Girls' 100 M
Boys' 200 M
Girls' 200 M
Boys' 110 HH
Girls' 100 HH

**Finals – approx. 30 minutes after last
Prelims**

Girls' 100 HH
Boys' 110 HH
Girls' 4 x 800
Boys' 4 x 800
Girls' 100 M
Boys' 100 M
Girls' 1600 M
Boys' 1600 m
Girls' 4 x 100
Boys' 4 x 100
Weight Relay 4 x 100
Girls' 400 M
Boys' 400 M
Girls' 300 IH
Boys' 300 IH
Girls' 800 M
Boys' 800 M
Girls' 200 M
Boys' 200 M
Girls' 3200
Girls' 4 x 400
Boys' 4 x 400



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