

EVENT SCHEDULE

Field Events

2:30 PM Coaches Meeting
 Weight Room

3:00 PM Mens Long Jump (SW Pit)
 Womens Long Jump (NW Pit)
 Mens Discus (East Ring)
 Womens Discus (West Ring)
 Mens Shot (East Ring)
 Womens Shot (West Ring)
 Mens Javelin (East Field)
 Womens Javelin (West Field)
 Womens Pole Vault (SE Pit)
 Mens Triple Jump (NE Pit)
 Womens High Jump

Following Mens Pole Vault (SE Pit)
above events Womens Triple Jump (NE Pit)
 Mens High Jump

Running Events

Starting @ **PRELIMS:**
3:30 PM

 Womens 100 m Dash
 Mens 100 m Dash
 Womens 200 m Dash
 Mens 200 m Dash
 Final - Womens 3200 m Run
 Womens 100 m Hurdles
 Mens 110 m Hurdles

30 Minute
Break

Starting @ **FINALS**
approx
5:00 PM

 Mens 110 m Hurdles
 Womens 100 m Hurdles
 Womens 4 x 800 m Relay
 Mens 4 x 800 m Relay
 Womens 100 m Dash
 Mens 100 m Dash
 Womens 1600 m Run
 Mens 1600 m Run
 Womens 4 x 100 m Relay
 Mens 4 x 100 m Relay
 ? Weight Person Relay ?
 Womens 400 m Dash
 Mens 400 m Dash
 Womens 300 m Hurdles
 Mens 300 m Hurdles
 Womens 800 m Run
 Mens 800 m Run
 Womens 200 m Dash
 Mens 200 m Dash
 Mens 3200 m Run
 Womens 4 x 400 m Relay
 Mens 4 x 400 m Relay