



**Ted Schroeder Meet of Hope
SATURDAY, APRIL 25, 2026 @ 9:00 AM**

Enclosed is the general information and time schedule for the Ted Schroeder Meet of Hope. Entries for the the 2026 Ted Schroeder Meet of Hope must be done on WWW.MILESPLIT.COM and is open until 4:00pm, Friday April 24th. Final scratch/add meeting still be held Saturday at 8:30am in our hospitality room (upstairs gym).

GENERAL INFORMATION

This is a WHSAA sanctioned qualifying meet.

Entry fee is \$125.00 per school.

Buses can park in the parking lot west of the school.

Shot and discus will run 3 throws (2-1) followed by finals(1-1-1)—taking nine (9). We will measure the farther of the first 2 throws. If the third throw doesn't go beyond the minimum mark, it will not be measured. Minimum marks will be determined by entries.

Implement weigh ins will be from 8:00-8:30am in the health room hallway. The head event judge at the ring will visually inspect all implements for verification.

Long and triple jump participant will be allowed three (3) jumps in their preliminary flight. The top nine (9) jumpers will go on to finals wherein they will receive 3 additional jumps.

High jump and pole vault starting heights will be determined based on entries.

All pole vaulters must weigh in from 8:00-8:30am in the health room hallway.

Dressing facilities will be in the varsity locker rooms adjacent to the track. Each school will be responsible for their own valuables. Rock Springs High School is not responsible for lost or stolen items.

Team scores will be tallied.

Team camps will be in the stands and in the parking lot behind the stands. Please keep the area clean. Garbage sacks will be provided.

1/4 inch spikes are allowed.

All races will be time finals.

RESPONSE PROTOCOL – Tiger Stadium

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| Event: | Soccer Games/Football/Track |
| Sites: | Rock Springs High School |
| Emergency Contact 1: | 911 |
| Emergency Contact 2: | Castle Rock Ambulance Service (307-872-4545) Rock Springs Fire Department (307-352-1475) |
| Lead Responder: | Jami Wiseman – RSHS Trainer (574-344–6148) |
| Responder: | AD: Hope Downs (307) 389-7772 |
| Responder: | Building Principal: Ben Straka (307) 922-3948 |
| AED Location: | 1st Floor (Field Level) - Hallway Outside RM 112 |
| EMS Access Point: | East gate access off of Cottonwood Dr. |
| EMS Cross Street: | Cottonwood Drive |

In the event of a cardiac emergency the first trained Event Staff member on the scene will take control of the situation and provide directions to others as outlined below.

Lead Responder

If someone collapses, is not breathing normally, and is unresponsive to shaking, initiate response protocol:

1. Instruct someone to call 911 and staff numbers listed and send someone to the EMS Access Point.
2. Instruct someone to retrieve the AED.
3. Position the person on his/her back.

4. Put one hand on top of the other in the middle of the victim's chest. Keeping your arms straight, push hard and fast, at about 100 presses a minute. Let the chest completely recoil after each compression.
5. Take turns doing CPR with fellow responders. Keep CPR interruptions to a minimum.
6. Once the AED arrives, turn it on, and follow the voice prompts.
 - a. Remove clothing from chest.
 - b. Attach electrode pads as directed by the voice prompts.
 - c. Stand clear while the AED analyzes the heart rhythm.
 - d. Keep the area clear if the AED advises a shock.
- e. Follow the device prompts for further action.
- f. After EMS takes charge of the victim, deliver to Site Administrator for data download. AED

Please refer to the [Anyone Can Save A Life, Emergency Action Planning Guide](#) for specific responsibilities of each responder. AnyOneCanSaveALife.org