

MAIS 4A District 4 Championship

April 15, 2026

Schedule of Events

Field Events

- 11:00 Girls Long Jump
 Girls Discus
 Boys Pole Vault
 Boys High Jump
 Boys Shot
- 12:00 Girls High Jump
 Girls Triple Jump
 Boys Discus
 Boys Long Jump
- 1:00 Girls Shot
 Girls Pole Vault
 Boys Triple Jump

Running Events

- 2:30 300 Meter Hurdles
- 2:40 800 Meter Relay
- 3:00 3200 Meter Relay
- 3:40 400 Meter Relay
- 4:10 100/110 Meter Hurdles
- 4:25 100 Meter Dash
- 4:35 1600 Meter Run
- 4:50 400 Meter Run
- 5:10 800 Meter Run
- 5:25 200 Meter Dash
- 5:35 3200 Meter Run - Varsity Girls / Varsity Boys
- 6:00 1600 Meter Relay