

2026 Wasaren League Championships

May 19th @ Stillwater

Start Time 4pm

Entries on milesplit: due by May 18 (9pm)

Entries: Limit 2 entries per event...plus two wild cards

Scoring: 10-8-6-4-2-1

Awards: Ribbons 1-6, t-shirts to all winners – bagged and picked up at end of meet

Team Awards: 1st and 2nd place trophies for meet plus a “best regular season record” trophy

3:15 Scratches are due (no substitutions or additions)

3:30 Throwing implements weigh-ins

4pm All Events Start

Order of Track Events:

100H pent [Hurdle crew: Greenwich, Spa, Emma Willard] [girls pent help = HV]

100H

3000

3200

110H pent [Boys pent help = Camb]

110H

100

4 x 800

4 x 100 [Zone judges: 1st = BNL, 2nd = Waterford, 3rd = Mech]

1500

1600

400

400H [Hurdle crew: Greenwich,Spa, Emma Willard]

800

200

2000 SC [Steeple help: Spa,THF, Stillwater]

3000 SC

4 x 400

** pent 800 girls/1500 boys fit in, where possible

JURY OF APPEALS = Forbes, Hornung, Van Ess

FIELD EVENTS (4pm start)

LONG (pit near discus): FLIGHTED girls then boys (3 jumps, 7 to finals) **[THF]**

TRIP (pit near shot put): FLIGHTED boys then girls (3 jumps, 7 to finals) **[EW]**

HIGH (girls then boys)	GIRLS: 4-0, 4-3, 4-6, 4-8, 4-10, 5-0, 5-1, 5-2...by 1 inch
[Waterford]	BOYS: 4-9, 5-0, 5-3, 5-6, 5-10, 6-0, 6-1...by 1 inch

POLE (girls then boys)	GIRLS: 6-0, 6-6 ... up by 6"
[BNL]	BOYS: 7-6, 8-0... up by 6"

SHOT (girls then boys)	FLIGHTED 3 throws, 7 to finals
[MECH]	FLIGHTED 3 throws, 7 to finals

DISC (boys then girls)	FLIGHTED 3 throws, 7 to finals
[Greenwich]	FLIGHTED 3 throws, 7 to finals