



Track & Field Meet Schedule

Start Time: 4:00 PM

Location: Central Dauphin High School

Track Events: girls followed by boys

4 x 800m relay

100m hurdles

110m hurdles

100m dash

1600m run

4 x 100m relay

400m dash

300m hurdles

800m run

200m dash

3200m run

4 x 400m relay

Throwing Events:

Boy's: Shot Put, Javelin, Discus

Girl's: Discus, Shot Put, Javelin

Jumping Events:

Pole Vault: girls followed by boys

High Jump: girls followed by boys

Triple Jump: boys followed by girls

Long Jump: girls followed by boys