

Gloucester County Showcase 2026

Location: Deptford High School

Time: 4:00 Field Events

4:30 Track Events

Date: May 8, 2026

Payment: Checks should be made payable to: **Deptford Track and Field Booster Club**

1. 3 entries per school per event
2. Trials and Top 8 to Finals in Horizontal Jumps, Throws, 100m dash, 100/110 HH
3. **No Team Score will be kept.**
4. Medals for 1st through 6th in individual events, 1st through 3rd in the 4x400 relay.
5. Entry Fee: \$350 for one gender, \$650 for both genders. **Checks made payable to: "Deptford Track and Field Booster Club" and sent to Deptford HS.**
6. ¼" spikes and schools supply their own blocks.
7. Coaches will vote for a Track MVP and a Field MVP for each gender. Voting done after 3200 meters concludes. Trophies presented at the end of the meet.

Order of Events: (Girls followed by Boys on the Track)

100HH/110HH Trials

100m Dash Trials

1600m

110HH/100HH Finals (Boys First, then Girls)

100m Dash Finals

400m

800m

400IH

200m

3200m

4x400 Relay

Field Events (3 Preliminary Throws/Jumps, Top 8 to Finals for 3 Throws/Jumps)

Shot Put: (Boys then Girls)

Discus: (Girls then Boys)

Javelin: (Boys then Girls)

Pole Vault: (Boys OH 10' then Girls OH 7'6")

High Jump: (Girls OH 4'4" then Boys OH 5'6")

Long Jump: (Girls then Boys)

Triple Jump: (Boys then Girls)

** We may use two pits for LJ/TJ if we have a sufficient number of officials.**