

2026 A-Central Divisional Meet

April 14th & April 15th @ Monmouth Regional

5 athletes per event, 1 relay

Girls first on the track

All entries on milesplit due at noon on April 14th

Order of Track Events:

DAY 1 (4/14)

TRACK EVENTS

- 400m IH – FINAL ON TIME
- 100m Dash – FINAL ON TIME
- 1600m GIRLS – FINAL ON TIME
- 1600m BOYS – FINAL ON TIME
- 400m – FINAL ON TIME

FIELD EVENTS

- Triple Jump – Girls
- Long Jump – Boys
- Pole Vault – Girls (6')
- High Jump – Boys (5')
- Shot Put – Girls
- Discus – Boys
- Javelin – Girls

DAY 2 (4/15)

TRACK EVENTS

- High Hurdles – FINAL ON TIME
- 800m GIRLS – FINAL ON TIME
- 800m BOYS – FINAL ON TIME
- 200m - FINAL ON TIME
- 3200m GIRLS – FINAL ON TIME
- 3200m BOYS – FINAL ON TIME
- 4x400m

FIELD EVENTS

- Triple Jump – Boys
- Long Jump – Girls
- Long Jump – Girls
- Pole Vault – Boys (9')
- High Jump – Girls (4')
- Shot Put – Boys
- Discus – Girls
- Javelin – Boys

Costs:

Timing System/Meet Management - \$2400

1 Starter - $\$130 \times 2 = \260

18 Event Officials - $18 \times \$120 = \4320

TOTAL COST = \$6980

COST PER CO-ED ENTRY = \$872.50

COST FOR TRINITY (girls only) = \$436.25

Please make checks out to: **Monmouth Regional High School**

Mail Checks to:

Monmouth Regional High School

Tony DeOrio, Athletic Director

1 Norman J Field Way

Tinton Falls, NJ 07724