

MARSHFIELD HIGH SCHOOL GIRLS TRACK & FIELD

HEAD COACH: **Ali Luedtke**

Marshfield High School

1401 East Becker Road

Marshfield, WI 54449

E-Mail: luedtkea@marshfieldschools.org

Teams Attending (18 Teams)

Marshfield	Medford	Stratford
Pittsville	Granton	Abbotsford
Wittenberg-Birnamwood	Rib Lake	Athens
Owen-Withee	SPASH	Colby
Columbus Catholic	Greenwood	Mosinee
Adams-Friendship	Iola-Scandinavia	Loyal

2026 Marshfield Invitational Indoor Track Meet Marshfield Fieldhouse, Thursday, March 26, 2026

Coaches Meeting at 4:00 pm by the coach's room. Snacks will be provided!

- We are allowing each team a Maximum of 30 Individual Entries (Max of 3 per event). Try to limit your entries in the mile.
- **Unlimited JV entries**
- NO SPIKES
- 4 Lane Track, 160 yards
- Our Indoor Track is 11 laps per mile.
- Substitutions are allowed the day of meet
- No Additions to lineup will be permitted.
- Medals for Top Three in each event and relays
- Trophies to top two teams

Meet will begin @ 4:45 with the Two Mile Relay.

No Trials in the 60 HH or 60.

You must register your roster and all your entries for this meet on-line using <https://wi.milesplit.com/>.

Please do not arrive at the school before 3:30 to alleviate traffic congestion.

****Concessions** will be available at the meet in commons area. Proceeds from concessions go back to Marshfield Girls Track & Field. See you soon!**

On-Line Entries are Due by Wednesday, March 25th at 5pm.

Estimate times and distances as best you can.

Performance Timing is seeding the meet, no additions after entries have closed, only replacements the day of the meet. We are using the Hy-Tek Program

Try to be as realistic as possible with your estimates.

Look at your results on Page Three to help with your estimations!

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All Field Events will start @ 4:30!

Shot Put (4 throws) in Main Gym (No Finals)

*Long Jump (3 jumps) in North Gym (No Finals)

Runway is 83' long from the 3' board (we also have 8' & 12' boards)

4:30 - 6:00 (Warmups from 4:00 until 4:30)

*Triple Jump (3 jumps) in North Gym (No Finals)

Runway is 66' long from the 20' board (we also have 24', 28' & 32')

6:15 - 7:45 (Warmups from 6:00 until 6:15)

*Extra 10'-15' can added if athlete starts in the equipment storage area
(it's like a closet)

High Jump (start at 3-06) in North Gym

Pole Vault (start at 5-06) in Main Gym

Remember, don't wait until Tuesday, March 25th to work on your entries!

Order of Events to begin at 4:45 pm

Two Mile Relay - 22 Laps Ttl

60 Hurdles

60 Dash

Mile Run - 11 Laps

8 Lap Relay

440 - 2 $\frac{3}{4}$ laps

4 Lap Relay

880 - 5 $\frac{1}{2}$ laps

220 Yards

10 minute BREAK

Mile Relay - 11 Laps Ttl

Field Events to begin at 4:30 pm

#1 Wheelchair Shot Put (4 Attempts)

#2 Shot Put (4 Attempts) in Main Gym

Pole Vault (Start at 6-00) in Main Gym

High Jump (Start at 4-00) in North Gym

#1 Long Jump (3 Attempts) in North Gym

#2 Triple Jump (3 Attempts) in North Gym

No Finals in Field Events

#3 *Shot Put JV Only (3 Attempts)

Thanks again for coming to the 2026 Invite

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Results of 2024 Marshfield Tiger Girls Track Invitational to help with seeding your athletes (Make Your Best Guess)

Two Mile Relay	Marshfield		11:20.37
Mile Relay	Wittenberg-Birnamwood		4:40.53
8 Lap Relay	Marshfield		3:03.74
4 Lap Relay	DC Everest		1:25.55
High Jump	Emma Ridgway/Faith Resch	Marshfield/WB	4-10
Pole Vault	Malaina Telschow	Athens	10-0
Long Jump	Olivia Lopez	Rib Lake	15-09
Triple Jump	Olivia Lopez	Rib Lake	32-11
Shot Put	Daelyn Rieck	Colby	37-04
60 Yards	Brianna Sherden	Stratford	7.50
60 H	Megan Zemke	DC Everest	8.62
220	Hannah Ridgway	Marshfield	29.54
440	Reese Grimm	Pittsville	1:07.73
880	Nora Bushman	Witt-Birn	2:36.90
Mile	Nora Bushman	Witt-Birn	5:51.88