

Bruce Sinner Memorial JH Track Meet

Saturday, April 11, 2026

Teams: Guernsey, Lingle, Lusk, Southeast, Torrington, Bayard, Wheatland and Glendo.

Prelims: There will be NO PRELIMS at any event. Running will be run against time, and participants will be given 3 jumps or throws in each field event.

Entries: 6 entries per school per event. 1 relay per team. 4 entries per athlete. There will be NO separate grade divisions. All grades will be combined.

ENTRIES ARE DUE BY 6:00 a.m. ON SATURDAY, APRIL 11th. Our goal is to not have any scratches or adds at the meet. Please take care of these by the entry deadline.

Thanks!

- No awards will be given.
- No team scores will be kept.
- There will be an entry fee of \$100 for each school (\$50 per gender team).
- Enter your athletes on Mile Split. We will then convert all results over to www.athletic.net at the conclusion of the meet.

ORDER OF EVENTS

- 9:00 a.m. 1600m run (girls followed by boys)
 - Field Events
 - Shot Put girls followed by boys
 - Discus boys followed by girls
 - High Jump girls followed by boys
 - Long Jump girls followed by boys
 - Triple Jump boys followed by girls
 - Pole Vault boys followed by girls
- 10:30 a.m.
 - 100M HURDLES (30" for girls, 33" for boys)
 - 100M DASH
 - 4X800M RELAY
 - 400M DASH
 - 4X100 RELAY
 - 200M LOW HURDLES (30" for girls, 33" for boys)
 - 800M RUN

- SPRINT MEDLEY RELAY (100,100,200,400)
- 200M DASH
- THROWERS RELAY (4X100) - 2 BOYS 2 GIRLS
- 4X400 RELAY