

# 36<sup>th</sup> PSAA Track and Field Championship

## Meet Information

**Date:** Thursday, May 7, 2026

**Start time:** 4:15 PM

**Location:** The Stony Brook School

### Entries

- All entries must be submitted on Milesplit. Entries will be open until May 6 at 11:00 pm.
- Athletes may compete in any four events, including relays.
- Schools may enter a maximum of three individuals per event and one relay team per event.

### Meet Scoring

- Events will be scored to five places: 6-4-3-2-1.
- Team championships will be awarded for both boys and girls.
- The top three finishers in each event will be awarded medals.
- Timing will be done by Elitefeats, and live results will be available on their [website](#).

### Order of Competition

- All events will run girls first followed by boys.
- Field events will be held concurrently with events on the track. Track events take precedence if an athlete has a conflict with a field event.

### Field Events

- Athletes in the Long and Triple Jumps will be given four attempts. There will be no final.
- Athletes in the Shot Put and the Discus will be given four attempts. There will be no final.
- High Jump Opening Heights: Girls — 3' 10"; Boys — 4' 6"

### Parking

- Parking is available behind Johnston Hall. Use the address 11 Cedar Street, Stony Brook NY 11790.

### Bathrooms

- Bathrooms are available in the team room under the bleachers. Additional bathrooms and locker rooms are available in Swanson Gymnasium, adjacent to the track. Please do not enter any other buildings on campus.

**Questions?** Contact Jake Morley @ [jacob.morley@sbs.org](mailto:jacob.morley@sbs.org)

# 36<sup>th</sup> PSAA TRACK AND FIELD CHAMPIONSHIP MEET

## Order of Events

### Track Events

400M Intermediate Hurdles  
100M Dash Prelims  
1500M (girls)  
1600M (boys)  
100M High Hurdles (girls)  
110M High Hurdles (boys)  
400M Dash  
100M Dash Finals  
800M Dash  
200M Dash  
3000M Run (girls)  
3200M Run (boys)  
800M Medley Relay (100-100-200-400)\*  
3200M Relay  
400M Relay  
1600M Relay

### Field Events

Long Jump  
Triple Jump  
High Jump  
Shot Put  
Discus

\*Non-scoring exhibition event