



Saturday, May 9th 2026

8:30 Coaches Meeting (HS Gym)

9:30 Starting time

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9:30 **FIELD EVENTS** first call at 9:15 am

**High Jump** - 6A Girls - 6A Boys

**Shot Put** - 6A Girls - 6A Boys

**Pole Vault** - 6A Boys - 6A Girls

**Discus** - 5A Boys - 5A Girls

**Long Jump** - 5A Boys - 5A Girls

11:00 **FIELD EVENTS** first call after the 9:30 sections are finished.

**High Jump** - 5A Girls - 5A Boys

**Shot Put** - 5A Girls - 5A Boys

**Pole Vault** - 5A Boys - 5A Girls

**Discus** - 6A Boys - 6A Girls

**Long Jump** - 6A Boys - 6A Girls

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9:30 **Running Events Start Time (All-Timed Finals)**

**3200m** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

12:00 **All Running Events (All Timed Finals)**

**National Anthem**

**400m Relay** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

**3200m Relay** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

**100m Hurdles (33")** - 5A Girls - 6A Girls

**110m Hurdles (39")** - 5A Boys - 6A Boys

**100m** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

**400m** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

**45 min Break**

**800m Relay** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

**800m** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

**300m Hurdles** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

**15 min Break**

**200m** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

**1600m** - 5A Girls - 6A Girls - 5A Boys - 6A Boys

**1600m Relay** - 5A Girls - 6A Girls - 5A Boys - 6A Boys



- Bathrooms:** Behind Bleachers
- Concessions:** Behind Bleachers
- Training Room:** Next to the Timing Building at the southeast corner of the track.
- Shot and Discus Area:** East of the track facility. Exit the track facility in the NE corner and walk the path to the area.
- Warm-up area:** On the football field. Exit the track Facility in the NW corner of the track facility to the HS Football stadium.
- Infield:** The infield is designated for warm-ups only. No campsites, bags, or personal items are allowed on the infield at any time. There is no hanging out or spectating from the infield. Please use the designated team areas for resting, storing equipment, and meeting with coaches. Thank you for your cooperation in keeping the competition area safe and running efficiently.
- Heating:** Check in before your Race: Hip numbers can be located in the
- Coaches' Boxes:** Only coaches in the Coaching areas.
- Spectators:** Bleachers are for spectators only. No standing in the bleachers.
- Infield:** Only Coaches on the infield. The infield is not a warm-up area. No Athletes on the infield.
- Wristbands:** Wristbands are required to enter the track and infield.
- Race Results:** Live results are on [MILESPLIT.COM](http://MILESPLIT.COM)
- Athletes:** All runners will need Hip Numbers. Hip numbers can be picked up in the NW Track Building.