

**DISTRICT 25-AAA  
JH TRACK & FIELD MEET OF CHAMPIONS  
SCHEDULE OF EVENTS**

**Monday, March 30, 2026**

**Scratch Meeting    2:00 PM**

**Workers Meeting    2:45 PM**

**FIELD EVENTS** (4 throws & 4 jumps- 2 in prelims, 2 in finals. \*Reseeded after prelims by most successfully jump or throw in Prelims)

| <b>EVENT</b>       | <b>3:30 PM</b>          | <b>4:00 PM</b> | <b>4:30 PM</b>           | <b>5:00 PM</b> |
|--------------------|-------------------------|----------------|--------------------------|----------------|
| <b>DISCUS</b>      | 7th Boys                | 8th Boys       | 7th Girls                | 8th Girls      |
| <b>SHOT PUT</b>    | 7th Girls               | 8th Girls      | 7th Boys                 | 8th Boys       |
| <b>LONG JUMP</b>   | 7th Girls               | 8th Girls      | 7th Boys                 | 8th Boys       |
| <b>TRIPLE JUMP</b> | 7th Boys                | 8th Boys       | 7th Girls                | 8th Girls      |
| <b>HIGH JUMP</b>   | 8th Girls               | 7th Girls      | 8th Boys                 | 7th Boys       |
| <b>POLE VAULT</b>  | 7th & 8th Boys Combined |                | 7th & 8th Girls Combined |                |

**4:00 PM**

**2400 Meter Run    7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys**

**RUNNING EVENTS**

**Order of Running: 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys**

**6:00 PM    400 Meter Relay**  
**6:20 PM    800 Meter Run**  
**6:35 PM    100 Meter Hurdles**  
**6:45 PM    110 Meter Hurdles**  
**6:55 PM    100 Meter Dash**  
**7:05 PM    800 Meter Relay**  
**7:25 PM    400 Meter Dash**  
**7:35 PM    300 Meter Hurdles**  
**7:50 PM    200 Meter Dash**  
**8:00 PM    1600 Meter Run**  
**8:30 PM    1600 Meter Relay**

**LIVE RESULTS**