

# RTC 2026

## RUNNINGLANE TRACK CHAMPIONSHIPS

Milton Frank Stadium • Huntsville, AL • May 22–23, 2026

### FRIDAY

May 22, 2026

10:30 AM Packet Pickup

12:10 PM National Anthem

#### 800M START 12:25 PM

12:25 PM Community Heat 1

12:32 PM Community Heat 2

12:40 PM Boys Heat 21

12:45 PM Boys Heat 20

12:49 PM Boys Heat 19

12:53 PM Boys Heat 18

12:57 PM Boys Heat 17

1:01 PM Boys Heat 16

1:05 PM Boys Heat 15

1:09 PM Boys Heat 14

1:13 PM Boys Heat 13

1:17 PM Girls Heat 12

1:22 PM Boys Heat 12

1:26 PM Girls Heat 11

1:31 PM Boys Heat 11

1:35 PM Girls Heat 10

1:40 PM Boys Heat 10

1:44 PM Girls Heat 9

1:49 PM Boys Heat 9

1:52 PM Girls Heat 8

1:56 PM Boys Heat 8

#### 2:00–2:15 PM Official Break

2:20 PM Girls Heat 7

2:25 PM Boys Heat 7

2:29 PM Girls Heat 6

2:34 PM Boys Heat 6

2:38 PM Girls Heat 5

2:43 PM Boys Heat 5

2:47 PM Girls Heat 4

2:52 PM Boys Heat 4

2:56 PM Girls Heat 3

3:01 PM Boys Heat 3

3:05 PM Officials Break

#### 3200M START

3:40 PM Community 3200

4:00 PM Boys Heat 13 3200

4:15 PM Boys Heat 12 3200

4:30 PM Boys Heat 11 3200

4:45 PM Boys Heat 10 3200

#### 5:00–5:15 PM Official Break

5:20 PM Boys Heat 9 3200

5:35 PM Boys Heat 8 3200

5:50 PM Boys Heat 7 3200

6:05 PM Boys Heat 6 3200

6:20 PM Girls Heat 5 3200

6:35 PM Boys Heat 5 3200

#### 6:50–7:05 PM Official Break

7:10 PM Girls Heat 4 3200

7:25 PM Boys Heat 4 3200

7:40 PM Girls Heat 3 3200

7:55 PM Boys Heat 3 3200

#### 8:10–8:25 PM Official Break

8:30 PM Girls Heat 2

8:35 PM Boys Heat 2

8:45 PM Girls Championship 800M

8:55 PM Boys Championship 800M

9:10 PM Girls Heat 2

9:25 PM Boys Heat 2

9:50 PM Girls Championship 3200M

10:15 PM Boys Championship 3200M

10:30 PM 800m and 3200M Awards

#### SPONSORS

RUNNINGLANE • NEW BALANCE • COROS • HUNTSVILLE SPORTS COMMISSION

# RTC 2026

## RUNNINGLANE TRACK CHAMPIONSHIPS

Milton Frank Stadium • Huntsville, AL • May 22–23, 2026

### SATURDAY

May 23, 2026

SCHEDULE TENTATIVE — SUBJECT TO WEATHER

10:30 AM Packet Pickup

12:30 PM National Anthem

#### STEEPLE START 12:45 PM

12:45 PM Community 3000m

1:10 PM Girls 2000m Steeple Heat 1

1:30 PM Boys 2000m Steeple Heat 1

1:40 PM Boys 2000m Steeple Heat 2

1:50 PM Boys 2000m Steeple Heat 3

2:00 PM Boys 2000m Steeple Heat 4

2:25 PM Community 400m Heat 1

2:30 PM Community 400m Heat 2

2:35 PM Community 400m Heat 3

#### 400M

2:41 PM Girls Heat 1

2:44 PM Girls Heat 2

2:47 PM Girls Heat 3

2:50 PM Girls Heat 4

3:00 PM Girls Heat 5

3:07 PM Boys Ambulatory

3:11 PM Boys Heat 1

3:14 PM Boys Heat 2

3:17 PM Boys Heat 3

3:20 PM Boys Heat 4

3:30 PM Boys Heat 5

#### MILE

3:37 PM Community Mile Heat 3

3:47 PM Community Mile Heat 2

3:55 PM Community Mile Heat 1

4:00 PM Officials Break

4:10 PM 400M and Steeple Awards

4:25 PM Boys Heat 29

4:32 PM Boys Heat 28

4:38 PM Boys Heat 27

4:45 PM Boys Heat 26

4:52 PM Boys Heat 25

4:59 PM Boys Heat 24

5:06 PM Boys Heat 23

5:13 PM Boys Heat 22

5:20 PM Boys Heat 21

5:27 PM Boys Heat 20

5:34 PM Boys Heat 19

5:41 PM Boys Heat 18

5:48 PM Boys Heat 17

5:55 PM Boys Heat 16

6:02 PM Boys Heat 15

6:09 PM Boys Heat 14

6:16 PM Boys Heat 13

6:23 PM Girls Heat 12

6:30 PM Boys Heat 12

6:37 PM Girls Heat 11

6:45 PM Boys Heat 11

6:52 PM Officials Break

7:07 PM Girls Heat 10

7:15 PM Boys Heat 10

7:22 PM Girls Heat 9

7:30 PM Boys Heat 9

7:37 PM Girls Heat 8

7:46 PM Boys Heat 8

7:53 PM Girls Heat 7

8:00 PM Boys Heat 7

8:07 PM Girls Heat 6

8:15 PM Boys Heat 6

8:21 PM Girls Heat 5

8:29 PM Boys Heat 5

8:35 PM Girls Heat 4

8:43 PM Boys Heat 4

8:49 PM Girls Heat 3

8:56 PM Boys Heat 3

9:03 PM Girls Heat 2

9:10 PM Boys Heat 2

9:30 PM Girls Championship 1 Mile

9:50 PM Boys Championship 1 Mile

9:55 PM FIREWORK SHOW

10:00 PM Mile Awards

Schedule is tentative — subject to weather. Check [RunningLane.com](http://RunningLane.com) for live updates.

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