

**Kelly Walsh Invitational  
Kelly Walsh High School  
KW QUAD MEET  
Thursday  
March 19th, 2026 @ 10:00AM**

**Parking:** Parking is limited due to school being in session. Please park along 8th Street on the north side of the stadium or along Walsh Drive.

**Sanction:** This is a WHSAA state-qualifying meet. There will be qualifying report forms available in your packet.

**Check-In and Scratches:** Please try to make scratches in the press box upon arrival at the meet. Please, no additions. Packets will be available in the press box at 9:00 am.

**Warm-Up:** The track will be available for warm-up.

**Awards and Entry Fees:** No Fee

**Valuables:** Natrona County School District#1 will not be responsible for loss of personal items or valuables.

**Entries:**

1. Entries are unlimited
2. Individuals are limited to 4 events
3. The NFHSA Rule book will be followed

**Please enter entries on Milesplit. KW Quad Meet**

**Please have entries entered by 8:00 A.M. on Thursday, March 19th, 2026**

**Please do not use tape on the track for relays. There will be tennis balls available for marks.**

**Seeding:** Athletes will be seeded according to entry information provided by coaches. Please be as accurate as possible to be fair to all athletes.

**Report times:** Any athlete not reporting by final call will be scratched from the event. Make sure athletes check out with field event officials if leaving for a running event.

**Spikes:** 1/4" pyramid spikes

**Alley Starts:** Races of 800 meters or longer will begin in alleys with a one turn stagger

**Starting blocks:**

**Provided Timing:** Timing will be FAT FinishLynx system KW Quad

**9:00 AM**  
**Senior Recognition**

**Field Events:**

10:00 A.M.

These events will immediately follow:

Boys High Jump

Girls High Jump

Boys Shot Put

Girls Shot Put

Girls Discus

Boys Discus

Boys Long Jump

Girls Long Jump

Girls Triple Jump

Boys Triple Jump

Girls Pole Vault

Boys Pole Vault

1. Shot & discus throwers will be placed in flights. Each thrower will complete three (3) throws and finals (top 9).
2. Long jump and triple jump competitors (in flights) will receive three (3) attempts, with finals (top 9).
3. In the high jump and pole vault, each competitor will receive three (3) attempts at each height as they remain in the competition.
4. Pole Vault – Starting height Boys 8'6" Girls 6'0"
5. High Jump – Starting height Boys 5'0" Girls 4'1"

**Running Events:** This will be a rolling schedule with one event to follow another. Please listen for calls. (Girls running events will run first followed by boys running events) All events will be timed finals.

**Time schedule is approximate, we will run ahead if possible.**

**11:00 A.M. Medley Relay**  
**3200m Relay**  
**100/110m Hurdles**  
**100m Dash**  
**1600m Run**  
**400m Relay**  
**400m Dash**  
**300m Hurdles**  
**800m Run**  
**200m Dash**

**3200m Run**  
**1600m Relay**