

North Shore Steeple and Fun
Invitational Track Meet
Friday April 17th, 2026
North Shore High School
4:45 PM START

Max 8-10 Full teams will be accepted
Top 16-20 steeple chase runners accepted

Cost: \$250 entry AND a portion of the cost of the officials for Nassau County Public Schools)
\$500 for combined Girls and Boys teams-UNLIMITED ATHLETES IN ALL EVENTS)

EMAIL: Neal Levy: levyn@northshoreschools.org or cell/text 516 330-4590

Order of Events (GIRLS FOLLOWED BY BOYS)

Girls 2k Steeple Chase

Boys 3k Steeple Chase

100M Final

1500/1600

400

800

200

4x400

Shot Put (Boys Followed by Girls)

Discus (Girls Followed by Boys)

Pole Vault (Boys Followed by Girls)

High Jump (Girls Followed by Boys)

Long Jump (Two pits)

Triple Jump (After Long Jump)

Awards: Medals to the top 6 competitors in each event.

Medals to the top 4 teams in each relay event

**ALL EVENTS
MUST BE
PRE-SEEDED ON
OUR HOME PAGE
ON MILESPLIT
FOR THIS
COMPETITION**

SCHOOL

COACH

CIRCLE ONE:

BOYS TEAM

GIRLS TEAM

BOTH

COACH'S E-MAIL

COACHES CELL:

PAYMENT \$250/\$500 Payable to:

NORTH SHORE SCHOOLS

450 Glen Cove Ave

Glen Head NY 11545

Attn: NEAL LEVY