



## 36th Annual Point Girls Track & Field Invitational

Friday, March 20, 2026 – 4:00 p.m.  
UW-Stevens Point – Skyward Fieldhouse  
Coaches Meeting at 3:45 p.m.

### PLEASE READ THIS COMPLETELY!

**ENTRIES:** Each team is allowed 2 entries per individual event, and 3 bonus entries for individual events (**25 total**) and one entry per relay event.

Coaches will use **MILESPLIT** for their entries. <https://wi.milesplit.com/meets/736209/registration>

**Entry deadline is 1 p.m. CDT on Wednesday, March 18, 2026.**

If you have questions regarding your **MILESPLIT** account please email Pat Leahy at [pleahy@pointschools.net](mailto:pleahy@pointschools.net).

Times, heights and distances will **not** be updated following the entry deadline. **Scratches only on the day of the meet.** Replacements are allowed but will not be changed in the meet program or results. Coaches are asked to be realistic with seed times and marks. Athletes will be placed into heats based on their seed time/mark. Due to the number of teams competing, **we will NOT accept changes following the entry deadline.**

Heat sheets will be included in the meet packet available at the head table in the Skyward Fieldhouse. **Please pick up your meet packet when you arrive at the Fieldhouse.** Please remember to bring your **pole vault verification form.**

**TRACK:** All races will be "FAT" timed with the Finish Lynx System which includes an electronic scoreboard. The track is 200-meters. **Pyramid Spikes no larger than 1/4-inch may be used.**

**FIELD EVENTS:** Flighted preliminaries and finals will be held in the shot put, long jump and triple jump. Long and triple jumps will be run simultaneously in separate pits. The long and triple jump preliminaries will be open-pit, cafeteria-style with a time limit for each flight, which will be announced at the coaches meeting. Two shot put rings will be used for the prelims and one for the finals. Starting heights for the pole vault and high jump will be determined using meet entries and will be announced at the coaches' meeting prior to the meet.



SPASH ATHLETICS DEPARTMENT  
1201 NORTHPOINT DR. | STEVENS POINT, WI 54481 | OFFICE:715-345-7309

# SPASH



## Athletics

**AWARDS:** A plaque will be awarded to the first place team. Individual medals will be awarded to the top 3 finishers in each event. Awards may be picked up by the head coach FOLLOWING the meet.

**TRAINER:** A Licensed Athletic Trainer from Aspirus will be located in the field event area throughout the meet.

**SITE NOTE:** Concessions will be available. No food or drink is allowed in the Fieldhouse! Teams must set up their "team area" OUTSIDE of the Fieldhouse, in the hallways or outdoors. You may NOT set up in the Fieldhouse.

**RESULTS:** AthleticLive <http://anet.live/716nf7>

**STAFF: Meet Manager:** David Hauser, SPASH (715) 345-7307. Email: <[dhauser@pointschools.net](mailto:dhauser@pointschools.net)>

**Site Director:** Rick Witt, UW-Stevens Point. Email: [rwitt@uwsp.edu](mailto:rwitt@uwsp.edu) and Brett Witt, UW-Stevens Point. Email: [Brett.Witt@uwsp.edu](mailto:Brett.Witt@uwsp.edu)

**Meet Entries Coordinator:** Pat Leahy, SPASH. Email: [pleahy@pointschools.net](mailto:pleahy@pointschools.net)

### Time Schedule/Order of Events

4:00 Field Events Pole Vault, High Jump, Long Jump, Triple Jump, Shot Put

4:30 4x800-Meter Relay  
60-meter Hurdle Trials 8 fastest times to the finals  
60-meter Dash Trials 8 fastest times to the finals  
1,600-meter Run  
4x200-meter Relay  
400-meter Dash **(No Blocks)**  
60-meter Hurdle Finals  
60-meter Dash Finals  
800-Meter Run  
3,200-Meter Run  
4x400-Meter Relay



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[WWW.POINTSCHOOLS.NET](http://WWW.POINTSCHOOLS.NET)



## PAYMENT FORM

HOSTED BY: SPASH

### ENTRY FEES:

\$200 Boys Team	\$200 Girls Team	\$400 Both Teams
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**(PLEASE CIRCLE CORRECT FEE)**

### CHECKS PAYABLE TO:

**SPASH ATHLETICS**

### SEND CHECKS TO:

SPASH ATHLETICS  
David Hauser A.D.  
1201 NORTH POINT DRIVE  
Stevens Point, WI 54481

SCHOOL \_\_\_\_\_

(PLEASE INDICATE YOUR SCHOOL)



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