

2026 Mountain Invitational

Hosted by White County High School



Middle School Invite: Tuesday, September 29, 2026

High School Invite: Thursday, October 1, 2026

(Rain date: Tuesday, October 6, 2026)

Location: Unicoi State Park, 215 Unicoi Bottoms Road, Helen, GA 30545

Payment: If you have not already sent a check, payment is due upon check-in on the day of your race.

High School teams - \$300 check made out to White County High School.

Middle School teams - \$150 made out to White County High School.

If you are only entering one gender, HS \$150 and MS \$75.

Please send checks prior to the race to the following address:

ATTN: Mountain Invite

White County High School

2600 Hwy 129N

Cleveland, GA 30528

Middle School Race Schedule:

3:30 Open MS Boys (Unlimited)

4:00 Open MS Girls (Unlimited)

4:30 Championship MS Boys (Top 10)

5:00 Championship MS Girls (Top 10)

High School Race Schedule:

3:30 Mixed Open JV (Unlimited)

4:00 JV Boys (10)

4:30 JV Girls (10)

5:00 Varsity Boys (Top 7)

5:30 Varsity Girls (Top 7)

Race Registration:

- In order to keep the size of our races small to allow for the best racing conditions, we are offering Open races for both our Middle and High schools.
- Middle Schools:
 - Enter your Top 10 runners for both your girls and boys into the appropriate Championship races. Your remaining runners will participate in the Open races.
 - Individual and Team awards will be given based on the results of the Championship races. No team awards for the Open races.
- High Schools:
 - Enter your Top 7 runners in the Varsity Races, your next 10 runners in the JV races, and all remaining runners in the Mixed Open JV race.

Race Day Information:

- Please keep in mind that there is only one entrance/exit to the venue. There will be traffic as we get closer to the start of races so plan accordingly.
- The course will be open to preview, however, once races begin, the mountain will be closed and no runners or coaches will be permitted on that portion of the course.
- There will be limited water available on site so be sure to pack enough for the day.
- We ask that all spectators remain clear of the starting line and finish chute. If you need to cross the other side of the finish chute, we encourage everyone to go around to minimize the number of people crossing the course.
- Please pack a trash bag and help us keep our park clean!

Awards: We are bringing our handcrafted wooden trophies and medals back this year! There will be no awards for the Open races. Top 10 will receive medals and Top 3 teams will receive trophies in Championship Middle, JV and Varsity races.

Admission/Parking: There will be a **\$10 per car** fee for spectators. Tickets will be sold via GoFan at the links listed below. Please make sure to purchase the correct ticket for the day(s) you will be attending. There is minimal cell service in Unicoi so spectators will need to purchase tickets in advance. We recommend making sure your ticket loads BEFORE entering the park. GHSA Coach Passes as well as GA State Park Passes will be accepted as well. **Coaches, please share this information with your athletes' parents.**

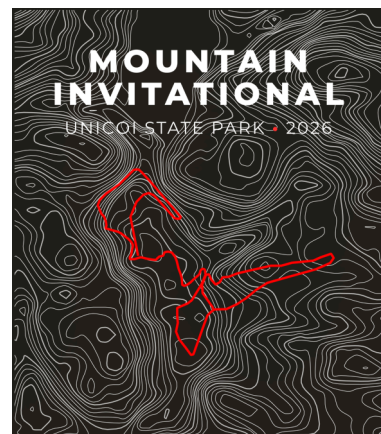
Middle School (Tuesday): <https://gofan.co/event/6913828?schoolId=GA5389>

High School (Thursday): <https://gofan.co/event/6913835?schoolId=GA5389>

T-Shirts: Mountain Invite shirts will be sold for \$20. Cash is the preferred payment method. The back of the shirt is shown to the right.



Concessions: The Frozen Frenzee will be on site serving up shaved ice! Drinks and other limited concessions will also be available for purchase.



Course Map: We will be following the same route that we have used the past few years and it is pictured below. Team tents can be set up on either side of the Start/Finish. If you choose to set up across the bridge in the Adventure Camp/pavilion areas, you will not be permitted to access the bridge during any races. Check-In will be at the Timing Tent located at the Start/Finish.
Maps are attached on the following page.

