

**Rod Cawley**  
**Steeple Fest Plus**  
**Wednesday, April 8, 2026**  
**Port Jefferson High School**  
10:00 A.M. Start Time

10:15 100/110mHH	10:30 Freshman Girls 2000mSC
10:45 Novice Girls 2000mSC	11:15 Freshman Boys 2000mSC
11:35 Novice Boys 2000mSC	12:00 Open Girls 2000mSC
12:15 Open Boys 2000mSC	12:45 Open Boys 3000mSC

**Field Events**

Shot Put (Min Boys 31' - Girls 21')	Discus (Min. Boys 80' - Girls 55')
Long Jump (Min. Boys 17' - Girls 13')	Triple Jump (Min. Boys 32' - Girls 26')
High Jump (Opens at Boys 5' - Girls 4')	Pole Vault (Opens at Boys 9' - Girls 7')

Girls HJ & PV followed by Boys, LJ followed by TJ (2-pits available)

Novice is for newbies and athletes who have NEVER won a steeple medal.

Medals will be awarded to first SIX places in all events!

Champion shirt to all winners!

Tee Shirts will be on sale! \$20.00

**Entries due on MileSplit NY by 6:00 pm on Monday, April 6<sup>th</sup>.**

**\$200 team maximum entry per gender**

See reverse side for entry

## BOYS

School \_\_\_\_\_

Coach \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_

Number of athletes \_\_\_\_\_ @ \$15.00 each = \_\_\_\_\_  
or

**Blanket Boys entry \$200.00**

Total entry = \_\_\_\_\_

\*\*\*\*\*

## GIRLS

School \_\_\_\_\_

Coach \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_

Number of athletes \_\_\_\_\_ @ \$15.00 each = \_\_\_\_\_  
or

**Blanket Girls entry \$200.00**

Total entry = \_\_\_\_\_

Email entry to [bsnow@portjeffschools.org](mailto:bsnow@portjeffschools.org) or mail to:

Port Jefferson High School

C/O Brian Snow

350 Old Post Rd.

Port Jefferson, NY 11777

Make checks payable to **Port Jefferson High School**

**Enter the meet on *Milesplit NY* by 6:00pm on Monday, April 6th.**