

JOE BRANDI RELAYS

Friday and Saturday, April 17th & 18th, 2026

Entries close on MileSplit at 10am on Wednesday, April 15th.

All events on Friday and numerous events on Saturday must be pre-entered (As notes by *).

Friday Individual Events: *We will run ahead if possible.*

5:00 pm	*Pentathlon Long Jump
6:00	*100 Hurdles trials (6 fastest to the final)
6:15	Pentathlon Hurdles
6:25	*1500
6:50	Pentathlon High Jump
6:55	*100 trials (8 fastest to the final)
7:20	*1500 Racewalk
7:45	*400
8:05	100 Hurdles final
8:15	100 final
8:20	*800
8:40	*3000
8:55	*200

Saturday Events:

Track Events

10:00	*400 Hurdles (2-person team)
10:20	4 x 1600
10:50	4 x 100
11:30	2 x 800 Walk
11:45	Mile Medley (400-200-200-800)
12:20	4 x 400
12:45	Shuttle Hurdles (4-girl)
1:10	*2000 Steeplechase (2 person team)
1:40	Pentathlon 800
1:45	4 x 200
2:10	Swedish Medley (100-200-300-400)
2:30	4 x 800
3:00	Sprint Medley (100-100-200-400)
3:15	Distance Medley (1200-400-800-1600)

Field Events

10:00	Pentathlon Shot Put
10:00	*Long Jump (2 person team)
TBA	*Triple Jump (2 person team)
10:00	*High Jump (2 person team)
10:00	*Pole Vault (2 person team)
10:00	*Discus (2 person team)
10:30	*Shot Put (2 person team)

Things you should know...

- **The Friday events will be using a POSITIVE check-in this year. The coach will need to go to the clerk before the meet (5:45) and mark your athletes that WILL be competing. The heats/lanes will be reseeded based on those that are checked in. NO EMPTY LANES. If a coach fails to do so, the athlete will be placed in the last heat regardless of their seed!**
- Pentathlon athletes cannot do any other event.
- Maximum events: 4 events total, however no more than 3 on any day.
- **Big change! All the Friday events, the pentathlon, plus the Saturday field events (LJ, TJ, Shot, Disc, PV, HJ), steeplechase and 400 hurdles will be entered on MileSplit in advance)**
- Your “relay teams” in the events that are added will be determined by their performances at the meet. Your top 2 will be paired. This will allow the computer to add your 2-person relays faster and easier! Unfortunately, the computer can’t look for your other pairs. This will be on you! After the top 10 have been declared by the computer, if you have other pairs that would break into the top 10 go to the awards booth and they will give you medals for any teams that would have broken in. We’ll trust you!
- We won’t be using “Athletes on the Bus” this year. We won’t be asking the computer team to enter your participants in the other relays. Less work for them, less work for you. No stickers this year.
- The running relays need to have a relay card. Bring it to the clerk when the event is called. Include: Event, School, (A, B, C ... etc. if necessary), and Seed Time.
- You may enter as many teams as you want in all the Saturday relay events, but you may only enter 6 LJ’ers and 6 TJ’ers (we only have 1 runway)
- The LJ will go first, followed by the TJ.
- You can pick up your medals at any time or wait until the meet is over. They will be placed in a bag for you as the meet progresses. (TOP 10 get medals!)
- HJ: starts at 4’ up 2” to 5’, 1” the rest of the way
- PV: starts at 6’ up 6” to 10’, 3” the rest of the way
- Ties in the events that are added will be broken by the top performer.
- Keep your athletes out of the infield. We want to keep the middle of the infield as clear as possible.
- Of course, you can have a 2-person relay with just one competitor if you don’t have someone else to enter. They probably won’t score though!
- We want to get the PV started quickly. Please get your athletes there early to check in and warm-up.
- Change this year: The Swedish Relay will start at the normal 200 start line . The lead off (100) will stay in lanes, the 200’s will take the baton in lanes and then cut in after entering the straightaway. The 300 and 400 will not be in lanes.
- The 2 x 800 Walk is run like a traditional running relay but without a baton. They will touch hands inside the exchange zone.

MEET RECORDS

INDIVIDUAL EVENTS

100 Hurdles	Aviana Goode	Bay Shore	14.3	2014
100	Alexa Jacobs	Port Jefferson	12.05	2024
200	Ariann Robinson	Sachem East	25.2	2021
	Kate Del Gandio	Mt. Sinai	25.44	2022
400	Ariann Robinson	Sachem East	57.4	2021
	Kelly Hughes	Mt. Sinai	57.64	2025
800	Zariel Macchia	William Floyd	2:12.59	2025
1500	Sophia McInnes	Bayport Blue Point	4:38.34	2023
3000	Zariel Macchia	William Floyd	9:53.51	2025
3000 Walk	Kayla Torres	Sayville	15:24.98	2017
Shot Put	Brittany Curtin	Connetquot	43-06.00	2017
Discus	Diamond Jackson	Sachem East	128-09	2013
High Jump	Mia Grassia	Bay Shore	5' 6"	2022
Pole Vault	Amanda McNelis	Commack	12-04	2016 & 2017
Long Jump	Nikki Fogarty	Sachem North	18-05.00	2014
Triple Jump	Alissa Braxton	Commack	38' 9 3/4"	2019
2000 Steeple	Zariel Macchia	William Floyd	7:06.51	2022
1500 Walk	Julianna Wottawa	Sachem East	6:55.28	2025
400 Hurdles	Janet Mellor	Mt. Sinai	63.5	2009
Pentathlon	Olivia Simonetti	East Islip	3012 pts.	2023

MEET RECORDS

RELAYS

2 x 400 Hurdles	Mt. Sinai <i>(Janie Turek, Janet Mellor)</i>	2:08.5	2009
4 x 1600	West Islip <i>(Annie O'Connell, Alison Cappetta, Julie Laudenschlager, Jessica Ball)</i>	21:28.2	2012
4 x 100	Brentwood <i>(Sabrina Mozart, Ashley Mack, Briana Shand, Alexia Douglas)</i>	49.1	2015
2 x 1500 Walk	Sachem North <i>(Natalie DeQuarto, Kaitlin Martins)</i>	14:29.5	2014
Mile Medley	West Babylon <i>(Dana Beggins, Nadja Ashley, Brittany Korsah, Paige Keefer)</i>	4:08.27	2017
4 x 400	Garden City <i>(DeAngelo, Yebdah-Kodie, Schmelzinger, Cafaro)</i>	3:58.3	2010
2 x 2000 Steeple	Ward Melville <i>(Juliana Marcucci, Caroline O'Hea)</i>	14:35.0	2012
4 x Shuttle Hurdles	Connetquot <i>(Kaylin Mallon, Lailani Delinois, Christina Palazzo, Chloe Young)</i>	1:04.45	2024
4 x 200	Middle Country <i>(Maritza Blanchard, Dana Cerbone, Grace Sargent, Jessica Faustin)</i>	1:46.62	2018
Swedish Medley	West Babylon <i>(Grace Glennon, Nadja Ashley, Brittany Korsah, Paige Keefer)</i>	2:17.90	2017
4 x 800	Kellenberg <i>(Nora Bennett, Maya Richardson, Julia Bryant, Maureen Lewin)</i>	9:29.14	2018
Sprint Medley	West Babylon <i>(Brittany Korsah, Myaysa Evans, Grace Glennon, Dana Beggins)</i>	1:49.7	2016
Distance Medley	Bayport-Bluepoint <i>(Eva Morris, Ava Brogan, Ansley Brogan, Sophia McInnes)</i>	12:34.51	2024
2 x Long Jump	Commack <i>(Alissa Braxton, Rachel Goedel)</i>	34' 2 ¾"	2019
2 x Triple Jump	Riverhead <i>(Kyra Braunskill, Dezarae Brown)</i>	72' 9 ½"	2013
2 x High Jump	Bayport-Blue Point <i>(Kathleen Cibuls, Kerri Nickel)</i>	10' 1"	2014
2 x Pole Vault	Commack <i>(Brianna Law, Amanda McNelis)</i>	21' 0"	2015
2 x Shot Put	Sachem East <i>(Brittany Sepe, Diamond Jackson)</i>	76' 0"	2012
2 x Discus	Sachem East <i>(Brittany Sepe, Diamond Jackson)</i>	241' 3"	2013
2 x 800 Walk	Sachem East <i>(Gina Mauri, Abby Callihan)</i>	7:27.51	2023