

54th SAINT ANTHONY'S INVITATIONAL TRACK & FIELD MEET
Friday, May 1, 2026, to Saturday, May 2, 2026

- Awards:** Medal to the top 6 in each event
- Team Awards:** Top 3 Girls' Teams and Top 3 Boys' Teams
- Scoring:** 10 8 6 4 2 1 for all Varsity Events.
Freshmen, Sophomores, and unseeded events do not score.
- # Of Events:** Each competitor may compete in any three events
- Seeding:** All athletes must be seeded online:
<https://www.athletic.net/>

Minimum Measurement: In the following jumps and throws, the first acceptable effort will be measured. After that, the athlete must jump or throw the following:

Boys Long Jump	19'	Boys Triple Jump	40'	Boys Shot Put	40'
Boys Unseeded PV	9'	Boys Unseeded Discus	80'	Boys High Jump	5'6"
Boys Pole Vault	12'	Boys Discus	120'	Boys Unseeded Shot	30'
Boys Javelin	100'	Girls Discus	80'	Girls Shot Put	28'
Girls Triple Jump	31'	Girls Javelin	65'	Girls Unseeded Shot	20'
Girls Pole Vault	8'	Girls High Jump	4'6"	Girls Long Jump	15'
Girls Hammer	Top 9	Boys Hammer	Top 9	Girls Unseeded Discus	60'
Girls Unseeded LJ	13'	Girls Unseeded TJ	26'	Boys Unseeded TJ	36'
Boys Unseeded LJ	17'				

Spikes: Only 1/4" pyramid spikes are permitted on shoes and blocks.
No needle or pin spikes are permitted.

Timing: We will be using Fulton Accurate Timing

T-Shirts Will be on sale.

Entry Fees: \$10.00 Per Individual Event
\$35.00 Per Relay Team
\$35.00 Minimum Entry

Payable To: **St. Anthony's High School**
St. Anthony's High School
275 Wolf Hill Road
South Huntington, NY 11747 – 1394

Further Information: Phone: 631 – 271 – 2020 ex. 209

Please Note: **The parking lot and the building behind the bleachers are not part of St. Anthony's campus and are off limits. Please keep your vehicles and athletes off our neighbors' Saint Elizabeth's Church grounds please. Saint Anthony's will provide blocks and batons.**

OUTSIDE BLOCKS ARE NOT ALLOWED. BLOCKS ARE NOT ALLOWED FOR THE NON-SCORING 200 and 400m.

Sites of Throwing Events, Long Jump, & Triple Jump

Friday beginning at 4:00 p.m.

1. Girls' Seeded Shot Put - will be contested in one of the circles on the field next to Wolf Hill Road.
2. Boys' Seeded Shot Put - will be contested in one of the circles on the field next to Wolf Hill Road.
3. Girls' Unseeded Discus - starts at the netted cage next to the softball field. Near the conclusion of the girls' seeded shot put, the Meet Field Event Marshal will direct flights of unseeded girls discus throwers to our secondary discus circle to alleviate any backlog if needed. The later flights need to be nearby.
4. The Boys' Long Jump will be contested in the pit next to the high jump.
5. The Girls' Triple Jump will be contested in the pit next to the pole vault.

Coaches, please check to see if your athlete is one of the top 24. No other shot putters throw on Friday. The unseeded boys/girls shot put is Saturday morning at 10am.

Saturday beginning at 10:00 a.m.

1. Boys' Unseeded Discus - Boys' Unseeded Discus - starts at the netted cage next to the softball field. Near the conclusion of the girls unseeded shot put, the Meet Field Event Marshal will direct flights of unseeded boys' discus throwers to our secondary discus circle to alleviate any backlog if needed. The later flights need to be nearby.
2. Girls' Unseeded Shot Put - will be contested in one of the circles on the field next to Wolf Hill Road.

3. Boys' Unseeded Shot Put - will be contested in one of the circles on the field next to Wolf Hill Road.

Saturday beginning at 2:00 p.m.

1. Girls' Seeded Discus - at the netted cage next to the softball field.
2. Boys' Seeded Discus - Following the Girls' seeded discus at the netted cage next to the softball field.
3. The Girls' Long Jump will be contested in the pit next to the high jump.
4. The Boys Triple Jump will be contested in the pit next to the pole vault.

Saturday beginning at 4:30 p.m.

1. Boys' non-scoring javelin in front of the school on the grass oval adjacent to the turf stadium.
2. Girls' non-scoring javelin will follow the boys' javelin.

Saint Anthony's Invitational Order of Events

FRIDAY TRACK EVENTS				FRIDAY FIELD EVENTS					
Time	Gender	Division	Event	Time	Gender	Division	Event		
4:00 PM	Boys	Non-Scoring	4x100 Meter Relay	4:00 PM	Boys	Varsity	Shot Put		
	Girls	Non-Scoring	4x100 Meter Relay		Girls	Varsity	Shot Put		
	Boys	Non-Scoring	4x400 Meter Relay		Girls	Non-scoring	Discus		
	Girls	Non-Scoring	4x400 Meter Relay		Boys	Varsity	Long Jump		
	Boys	Varsity	400 Meter Hurdles		Girls	Varsity	Triple Jump		
	Girls	Varsity	400 Meter Hurdles		Girls	Varsity	Pole Vault		
	Boys	Varsity	1600 Meter Run		Girls	Varsity	High Jump		
	Girls	Varsity	1500 Meter Run						
	Boys	Non-Scoring	200 Meter Dash						
	Girls	Non-Scoring	200 Meter Dash						
	Boys	Non-Scoring	400 Meter Dash						
	Girls	Non-Scoring	400 Meter Dash						
	Boys	Non-Scoring	800 Meter Run						
	Girls	Non-Scoring	800 Meter Run						
SATURDAY TRACK EVENTS				SATURDAY FIELD EVENTS					
Time	Gender	Division	Event	Time	Gender	Division	Event		
10:00 AM	Boys	Frosh	4x800 Meter Relay	10:00 AM	Boys	Non-scoring	Discus		
	Girls	Frosh	4x800 Meter Relay		Boys	Non-scoring	Shot Put		
	Girls	Soph	4x800 Meter Relay		Girls	Non-scoring	Shot Put		
	Boys	Soph	4x800 Meter Relay		Boys	Non-scoring	Pole Vault		
	Boys	Frosh	4x100 Meter Relay		2:00 PM	Boys	Varsity	Discus	
	Girls	Frosh	4x100 Meter Relay		2:00 PM	Girls	Varsity	Discus	
	Boys	Soph	4x100 Meter Relay		2:00 PM	Boys	Varsity	Triple Jump	
	Girls	Soph	4x100 Meter Relay		2:00 PM	Girls	Varsity	Long Jump	
	Boys	Frosh	4x400 Meter Relay		2:00 PM	Boys	Varsity	Pole Vault	
	Girls	Frosh	4x400 Meter Relay		2:00 PM	Boys	Varsity	High Jump	
	Boys	Soph	4x400 Meter Relay		4:30 PM	Boys	Non-scoring	Javelin	
	Girls	Soph	4x400 Meter Relay		4:30 PM	Girls	Non-scoring	Javelin	
	Boys	Non-Scoring	1600 Meter Run						
	Girls	Non-Scoring	1500 Meter Run						
	Boys	Non-Scoring	2000 Meter Steeplechase						
	Girls	Non-Scoring	2000 Meter Steeplechase						
2:00 PM	Girls	Varsity	1500 Meter Race Walk						
	Boys	Varsity	800 Meter Run						
	Girls	Varsity	800 Meter Run						
	Boys	Varsity	110 Meter Hurdles						
	Girls	Varsity	100 Meter Hurdles						
	Boys	Varsity	100 Meter Dash						
	Girls	Varsity	100 Meter Dash						
	Boys	Varsity	3200 Meter Run						
	Girls	Varsity	3000 Meter Run						
	Girls	Varsity	100 Meter Hurdles Final						
	Boys	Varsity	110 Meter Hurdles Final						
	Boys	Varsity	100 Meter Dash Final						
	Girls	Varsity	100 Meter Dash Final						
	Boys	Varsity	400 Meter Dash						
	Girls	Varsity	400 Meter Dash						
	Boys	Varsity	200 Meter Dash						
Girls	Varsity	200 Meter Dash							

Boys	Varsity	3000 Meter Steeplechase				
Girls	Varsity	2000 Meter Steeplechase				
Boys	Varsity	4x100 Meter Relay				
Girls	Varsity	4x100 Meter Relay				
Boys	Varsity	4x400 Meter Relay				
Girls	Varsity	4x400 Meter Relay				
Boys	Varsity	4x800 Meter Relay				
Girls	Varsity	4x800 Meter Relay				