



DEWITT CLINTON HIGH SCHOOL

BOYS & GIRLS TRACK TEAM

Presents

THE 28th ANNUAL HOWARD RICHTER INVITATIONAL TRACK AND FIELD MEET

Meet Directors: Cornel Johnson, Chris Lockett

School Telephone: (718) 543-1000 (ext 4020) Fax: (718) 548-0036 Coach Johnsons Cell: (914) 282- 3450

Dear Coach:

You are cordially invited to attend the 28th Annual Howard Richter Invitational Track and Field Meet. THE MEET WILL BE HELD ON Sunday, MAY 3, 2026 AT **DEWITT CLINTON HIGH SCHOOL**, yes we are **back home where it all started. This is a major meet with all individual, as well as relay events. You won't want to miss out on this opportunity!**

Awards will be medals to the top six in every event, and special commemorative t shirt for all winners

We will look forward to seeing you on **MAY 3, 2026**

DATE: Sunday, MAY 3, 2026

LOCATION: DEWITT CLINTON HIGH SCHOOL

TIME: 9:00 A.M

ENTRY FEE: \$10.00 PER INDIVIDUAL; \$25.00 PER RELAY

(Reminder: This is an entry fee, not a participation fee.)

ENTRY DEADLINE: Thursday April 30th , (before midnight)

GENERAL INFORMATION:

1. Sanctioned by NYS, PSAL, and CHSAA,
2. 8 Lane track. Spikes allowed (1/4 pins)
3. National federation rules will apply
4. Any three(3) events
5. All events except High Hurdles and 100 meters will be finals, *on time*.
6. Teams will provide their own batons
7. FAT timing for all track events
8. Seeded sections will run first, Girls then Boys

*******Coaches reminder , this meet will be uploaded on Mile split NY. All registration will be done online, no registration will be done at the meet.**

HOWARD RICHTER INVITATIONAL T & F MEET 2026

ORDER OF EVENTS

1. 2000M Steeplechase (Girls)
2. 3000M Steeplechase (Boys)
3. 100 Trials (Girls)
4. 100 Trials (Boys)
5. 1500 RW (Girls)
6. 100H Trials (Girls)
7. 110H Trials (Boys)
8. 4x800 Relay (Girls)
9. 4x800 Relay (Boys)
10. 100M Finals (Girls)
11. 100 M Finals (Boys)
12. 3000M (Girls)
13. 3200M (Boys)
14. 100H Final (Girls)
15. 110H Final (Boys)
16. 400M (Girls)
17. 400M (Boys)
18. 400M Inter. Hurdles (Girls)
19. 400M Inter. Hurdles (Boys)
- 20. RISING STAR MEDLEY..(MS) (100, 100, 200, 400) Boys followed by girls)**
21. Freshman SMR (Girls)
22. Freshman SMR (Boys)
23. Soph SMR (Girls)
24. Soph SMR (Boys)
25. 800M (Girls)
26. 800M (Boys)
27. 200M (Girls)
28. 200M (Boys)
29. 1500M (Girls)
30. 1600M (Boys)
- 31. RISING STAR 4X100...(Girls followed by boys)**
32. 4x100 Relay (Girls)
33. 4x100 Relay (Boys)
34. 4x400Relay (Girls)
35. 4x400 Relay (Boys)

Shot Put, Long Jump, High Jump, Triple Jump, Pole Vault, Discus, : Field events begin at 9:am.Open pit.

THE HOWARD RICHTER INVITATIONAL TRACK AND FIELD MEET 2026 ENTRY BLANK

Please fill out the entry blank and return it as soon as possible. Remember the deadline is Thursday April 30th . Enter the number of entries in each event.

BOYS EVENTS

- _____ 3000m Steeplechase
- _____ 110 High Hurdles
- _____ 400m Inter. Hurdles
- _____ 100m Dash *** max 3 entries
- _____ 200m Dash *** max 3 entries
- _____ 400m Dash *** max 3 entries
- _____ 800m Run
- _____ 1600m Run
- _____ 3200m Run
- _____ 400m Relay
- _____ 1600m Relay
- _____ 3200m Relay
- _____ Freshmen SMR
- _____ Soph SMR
- _____ Shot put
- _____ Discus
- _____ High Jump
- _____ Long Jump *** max 3 entries
- _____ Triple Jump *** max 3 entries
- _____ Javelin
- _____ Pole Vault
- Rising star Medley_
- Rising star 4x100

Total number of Individuals: _____

Total number of Relays: _____

GIRLS EVENTS

- _____ 1500m Walk
- _____ 2000m Steeplechase
- _____ 100m High Hurdles
- _____ 400m Inter. Hurdles
- _____ 100m Dash *** max 3 entries
- _____ 200m Dash *** max 3 entries
- _____ 400m Dash *** max 3 entries
- _____ 800m Run
- _____ 1500m Run
- _____ 3000m Run
- _____ 400m Relay
- _____ 1600m Relay
- _____ 3200m Relay
- _____ Freshmen SMR
- _____ Soph SMR
- _____ Shot Put
- _____ Discus _____ Javelin
- _____ High Jump
- _____ Long Jump *** max 3 entries
- _____ Triple Jump *** max 3 entries
- _____ Pole Vault
- Rising star medley
- rising star 4x100

_____ x \$10.00 = _____

_____ x \$25.00 = _____

TOTAL ENTRY FEE:

Please make checks payable to: *Dewitt Clinton High School Track*
 Cornel Johnson, Girls' Track Coach
 3 Lexington Road
 New City, New York 10956
 EMAIL: conanq333@aol.com
 FAX: 718-548-0036

SCHOOL NAME: _____ COACH'S NAME _____

SCHOOL ADDRESS: _____ TEL: (W) _____ (H) _____

COACH'S EMAIL: _____