



PORT ISABEL HIGH SCHOOL TARPON RELAYS



March 7, 2026

8:20 am **Coaches Meeting**

8:30 pm **Workers Report**

Field Events

9:00 am Boys Discus followed by Girls Discus
Girls Shot Put followed by Boys Shot Put
Boys High Jump followed by Girls High Jump
Girls Pole Vault followed by Boys Pole Vault
Girls Long Jump followed by Girls Triple Jump (West Pit)
Boys Triple Jump followed by Boys Long Jump (East Pit)

Running Events

9:30 am	3200 M Run	Girls	Boys
1:00 pm	400 M Relay	Girls	Boys
	800 M Run	Girls	Boys
	100/110 M Hurdles	Girls (33")	Boys (39")
	100 M Dash	Girls	Boys
	800 M Relay	Girls	Boys
	400 M Dash	Girls	Boys
	300 M Hurdles	Girls (30")	Boys (36")
	200 M Dash	Girls	Boys
	1600 M Run	Girls	Boys
	1600 M Relay	Girls	Boys

Individual Medals will be awarded after each race or event.

Tony Villarreal Athletic Director
Port Isabel High School Principal: Rocio Ramos
Superintendent of Schools: Theresa A. Capistran