



**27<sup>th</sup> Annual**  
**SAINT DOMINIC ACADEMY**  
**T&F Invitational**  
**Monday, April 6**  
**9:00 a.m.**



The Saint Dominic Academy Athletic Department invites your team to one of the season's premier events! Whether you're looking for a mid-season PR or a chance to test your roster's depth, the **27th Annual SDA Track & Field Spring Invitational** is the place to be.

Held at **Lincoln Park's lightning-fast facility**, this meet is designed for speed. Rain or shine, we're ready to host a day of elite competition and high-energy performances.

**Why Your Team Should Compete:**

- **Lightning-Fast Results:** All events are **FAT** (Fully Automatic Timing) and recorded via **NJ MileSplit**.
- **The Hardware:** We are awarding **six (6) medals in ALL events** across all divisions with sufficient entries. Where there are 5 or less entries, we will issue medals for the top 3.
- **The "Champion" Status:** Event winners will take home our signature **"Champion" T-shirts**.
- **Unbeatable Value:** Our flat-fee structure allows for **unlimited entries**—get your entire roster some experience without breaking the budget.

**Meet Details:**

- **Location:** Lincoln Park Track, 1 County Rd 605, Jersey City, NJ 07304
- **Entry Fee:** \$395 per team | \$700 for full school (Boys & Girls)
- **Team Roster Deadline:** April 2, 2026 (via NJ MileSplit)

**Secure Your Lane:** To ensure a smooth-running, efficient meet for all athletes, please return your entry form no later than **Friday, April 3, 2026**.

<b>Order of Events</b>	
<b>Field Events</b>	<b>Running Events</b>
Long Jump	Intermediate Hurdles (Girls, Boys)
High Jump	100m Trials
Shotput	1600m Run (FSG, FSB, VG, VB)
Discus	4x100 Relay
Javelin (Off-site across the street from the track)	400m Dash
	High Hurdles Trials
	800m Run
	100m Finals
	High Hurdles Finals
	200m Dash
	3200m Run (Girls Combined, Boys Combined)
	4x800 Relay – FG, SG, FB, SB, VG, VB (may be combined)
	4x400 Relay FSG, FSB, VG, VB (may be combined)

Divisions will be combined where the entry is low or to optimize usage of lanes; however, separate awards will be given for each division. National Federation Rules will be in effect.



**27<sup>th</sup> Annual**  
 SAINT DOMINIC ACADEMY  
**T&F Invitational**  
**Monday, April 6**  
**9:00 a.m.**



# ENTRY FORM

Our school plans to attend the 27th Annual SDA Spring Invitational on Monday, April 6th, 2026, in Lincoln Park. We understand that the meet will be held rain or shine; therefore, no refunds will be possible should our team fail to attend. We are committing to an entry fee, NOT a participation fee. NOTE: The javelin event will be held on an adjoining field, barring the existence of circumstances beyond our control that may force cancellation.

We are entering the following divisions:      **Boys /      Girls /      Both**

School: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone / ext.: \_\_\_\_\_ Email: \_\_\_\_\_

Coach's Signature: \_\_\_\_\_ Phone: \_\_\_\_\_

A.D.'s Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Fees: \$395 per team or \$700 if you have both boys and girls.

Please adhere to our entry deadline of **Thursday, April 2nd 2026.**

**Please fill out the attached form and return the signed document via email or USPS Mail**

Aida Meskel- SDA Track & Field Coach

SDAXCTF47@gmail.com

**Please make checks payable to:      Saint Dominic Academy**

**Mail Checks and Signed Documents to:**

Attn: Brian Callahan, Athletic Director

2572 John F. Kennedy Blvd, Jersey City, NJ 07304