



# Flying Falcon Invitational

## TRACK & FIELD MEET - LOVING HS

Thursday, April 23, 2026



**2:00-2:30 pm** - Scratch Meeting.

**2:00-2:30 pm**- Implement Weigh-in.

**3:00 pm** - Field Events

**3:00 pm** ↓

Will follow the 3:00pm scheduled field events.

Discus.....Boys  
 High Jump.....Boys  
 Long Jump....Boys  
 Shot Put.....Girls  
 Javelin.....Girls  
 Pole Vault.....Girls  
 Triple Jump....Girls

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 High Jump.....Girls  
 Long Jump.....Girls  
 Shot Put.....Boys  
 Javelin.....Boys  
 Pole Vault.....Boys  
 Triple Jump.....Boys

<b>5:00 pm</b>	3200 M. Relay	Girls, Boys
	3200 M Run	Girls, Boys
	400 M. Relay	Girls, Boys
	100 M. Hurdles	Girls
	110 M. Hurdles	Boys
	100 M. Dash	Girls, Boys
	800 M. Run	Girls, Boys
	800 M. Relay	Girls, Boys
	<b>Thrower's Relay</b>	<b>Girls, Boys</b>
	400 M. Dash	Girls, Boys
	300 M. Hurdles	Girls, Boys
	1600 Medley Relay	Girls, Boys
	200 M. Dash	Girls, Boys
	1600 M. Run	Girls, Boys
	1600 M. Relay	Girls, Boys

### **Awards Presentation**

All running events are finals only (no preliminaries). Three (3) attempts will be awarded in the throwing and sand jumping events with top eight (8) going to the finals for three additional attempts.

