

REBEL RELAYS 2026

Order of Events

(Running Events: Boys followed by Girls)

RUNNING EVENTS

1. 4 x 1600
2. 3 x 400 IH
3. 4 x 100
4. Distance Medley Relay
5. Shuttle Hurdle Relay
6. 4 x 200
7. 4 x 800
8. Sprint Medley Relay
9. 4 x 400
10. Throwers 4 x 100

FIELD EVENTS

Event	Details
High Jump (3 per team)	Girls: 4'0" • Boys: 5'0" • Girls followed by Boys
Pole Vault (2 per team)	Girls: 7'0" • Boys: 9'0" • Boys followed by Girls
Triple Jump (3 per team)	Girls: 9:00–11:00 AM • Boys: 11:30–1:30
Long Jump (3 per team)	Boys: 9:00–11:00 AM • Girls: 11:30–1:30
Discus (3 per team)	Boys followed by Girls
Shot Put (3 per team)	Girls followed by Boys
Javelin (3 per team)	Open Pit: 9:00–12:30