

	Group	Estimated Start Time		
	Middle School			
	*Field Events	9:00 AM		
	100M Hurdles Girls	10:00 AM		
	100M Hurdles Boys	10:04 AM		
	100M Dash Girls	10:12 AM		
	100M Dash Boys	10:19 AM		
	1600M Girls	10:32 AM		
	1600M Boys	10:40 AM		
	4x100M Relay Girls	11:01 AM		
	4x100M Relay Boys	11:06 AM		
	400M Girls	11:13 AM		
	400M Boys	11:25 AM		
	800M Girls	11:44 AM		
	800M Boys	11:54 AM		
	200M Girls	12:09 PM		
	200M Boys	12:17 PM		
	4x400M Relay Girls	12:31 PM		
	4x400M Relay Boys	12:46 PM		
	Elementary School			
	*Field Events	1:30 PM		
	100M Dash Girls	2:00 PM		
	100M Dash Boys	2:13 PM		
	1600M Girls	2:33 PM		
	1600M Boys	2:52 PM		
	4x100M Relay Girls	3:26 PM		
	4x100M Relay Boys	3:33 PM		
	400M Girls	3:43 PM		
	400M Boys	4:00 PM		
	800M Girls	4:25 PM		
	800M Boys	4:40 PM		
	200M Girls	5:00 PM		
	200M Boys	5:12 PM		
	4x400M Relay Girls	5:31 PM		
	4x400M Relay Boys	5:46 PM		
*Field Events run concurrently with Running Events; athletes may come and go				