

# The Saltwater Open

Sponsored by Hyper Track Club

USATF Sanctioned Meet

Saturday, May 23<sup>th</sup>, 2026

Track Start Time: 9:15am Field Start Time: 8:30am

Location: Georgian Court University, Lakewood NJ

Entry Due: Monday, May 18<sup>th</sup> Midnight

Order of Events: (Girls followed by Boys in all Running Events – unless noted) (Girls follow by Boys for Field Events – unless noted) Track events will be seeded Fast to Slow.		
Event 1:	2000m Steeple Chase	Varsity*
Event 2:	4 x 100m Relay	Varsity*
Event 3:	1600m Girls	Varsity*
Event 4:	100m Prelims	Varsity*
Event 5:	1600m Boys	Varsity*
Event 6:	100m Finals	Finals on Time
Event 7:	110m Hurdles Prelims	Varsity*
Event 8:	100m Hurdles Prelims	Varsity*
Event 9:	400m	Freshman
Event 10:	400m	Varsity*
Event 11:	110m Hurdles Finals	Varsity*
Event 12:	100m Hurdles Finals	Varsity*
Event 13:	800m Boys	Varsity*
Event 14:	800m Girls	Varsity*
Event 15:	400IH	Varsity*
Event 16:	200m	Varsity*
Event 17:	Swedish Relay	Varsity*
Event 18:	Throwers 4x100m Relay	Varsity*

Field Events
<b>High Jump:</b> (OP HTS 4'0" / 5' 0") B/G [2" Inc]
<b>Pole Vault:</b> (OP HTS 6'0 / 7'0 ) G/B COMBINED [6" Inc]
<b>Long Jump***:</b> (Open Pit Girls followed by Boys)* <ul style="list-style-type: none"> <li>Girls 8:30-9:30am <u>3 jumps no finals</u></li> <li>Boys to start after girls. Run throughs 9:30 / OP 9:50-11:15am</li> </ul>
<b>Triple Jump***:</b> Opens after LJ (Open Pit Girls/Boys COMBINED) <u>3 jumps no finals</u> <ul style="list-style-type: none"> <li>Run throughs 11:15am</li> <li>OP 11:30am-12:15pm</li> </ul>
<b>***ALL JUMPS IN THE LJ &amp; TJ MUST BE COMPLETED BY DESIGNATED TIME. DO NOT WAIT UNTIL THE LAST FIVE MINUTES. THE PIT WILL CLOSE. TRIPLE JUMP MAY START EARLY.</b>
<b>Shot: Boys followed by Girls</b> <ul style="list-style-type: none"> <li>Boys 8:30am <u>4 throws no finals</u></li> <li>Girls to start after Boys approx. 9:20am</li> </ul>
<b>Discus: Girls followed by Boys</b> <ul style="list-style-type: none"> <li>Girls 8:30am <u>4 throws no finals</u></li> <li>Boys to start after girls approx. 9:20am</li> </ul>
<b>JAV: Girls followed by Boys</b> <ul style="list-style-type: none"> <li>Girls 10:45am Competition. <u>4 throws no finals</u></li> <li>Boys to start after girls.</li> </ul>

\*Varsity section of Milesplit registration is HS athletes to enter grades/ages 9-12th. It will still be a "varsity" expectation of times entered. The freshman 400 is for grade/age for 9<sup>th</sup> graders only. **WE HOPE TO BE DONE BEFORE 1PM**

## Entry Fees

- Team Entries (per gender):
  - Fewer than 30 athletes: \$20 per athlete, with a maximum team fee of \$400
  - 30 or more athletes: \$400 flat team fee

**Unlimited event entries are allowed per team.**

\*Entries will be closed once capacity is received per event.

Please reach out to [zirtrack@gmail.com](mailto:zirtrack@gmail.com) if you have questions

**Only 1/4" PYRAMID Spikes will be allowed!**

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**May 23<sup>th</sup> 2026**

**Track Start Time: 9:15am Field Start Time: 8:30am**

**Entry Due: Monday, May 18<sup>th</sup> Midnight**

**School:** \_\_\_\_\_

**Coach:** \_\_\_\_\_

**Coach's Phone:** \_\_\_\_\_

**Coach's Email:** \_\_\_\_\_

**Checks Payable To: Hyper Track Club LLC**

**Entry Fees**

- Team Entries (per gender):
  - Fewer than 30 athletes: \$20 per athlete, with a maximum team fee of \$400
  - 30 or more athletes: \$400 flat team fee

Total Enclosed = \_\_\_\_\_

**Mail paper entry and checks to: Hyper Track Club LLC**

**Mail Checks to:**

**Hyper Track Club LLC**

**164 Watson Road**

**Fanwood, NJ 07023**

**(You are responsible for payment on all Athletes entered)**

**BE SURE TO ENTER YOUR ATHLETES ELECTRONICALLY  
Due By Monday, May 18th**