

Jeff Blattner, AD  
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We are looking forward to hosting the GWAC League Track meet on May 14th. Please review the information below. If you have any additional questions, please contact me at [jblattner@cimarronschool.net](mailto:jblattner@cimarronschool.net) or **620-846-0957**.

- **Entries need to be completed by Midnight on Wednesday May 13th.** Enter your athlete's best times to ensure appropriate heating. Substitutions will only be accepted meet day, no additions. The on-line entry site is [milesplit](#). (Fat Dog Timing)
- Entries are limited to 5 athletes per event. Only 3 from one school can score, place or make finals.
- Field Events will begin at 2:00 MST, 3:00 CST. There will be no prelims in the Field events. Each athlete will get 4 throws or jumps in their event.
- Prelims in the Hi-Hurdles, 100, and 200 will begin at 3:45 MST, 4:45 CST.
- The 4 x 800M relay will follow the 100 M. Dash and be before the 200 M. Dash prelims. Finals of the running events will begin about 15 minutes following the prelims. First event of the finals is the girls 100M Hurdles.
- A hospitality room for coaches, administrators, bus drivers, and workers will be provided in the elementary grade school lunch room.
- **We will have a SCRATCH MEETING at 1:15 MST 2:15 CST under the grade school entrance.**
- Please ensure your POLE VAULTER'S WEIGHT VERIFICATION and SPORTSMANSHIP & LEGAL UNIFORM information are completed within KSHSAA guidelines.
- There will be 3 medals awarded for each event.
- Camping areas will **NOT** be available on the football field. Please use the hill on the north side of the track. We ask for each team to clean up their camp area at the conclusion of the meet. No glass bottles or containers are allowed in the track area. No spikes longer than 1/8 inch will be allowed on the track or runways. Please assist us by removing all tape from track following your events. Shot and discus surfaces are concrete
- Please park your bus in the north parking lot at the high school by the swimming pool.  
Restroom and concession facilities are available at the track.
- Teams participating will be **Cimarron, Colby, Goodland, Holcomb, Hugoton, Scott City, and Ulysses**

Thank you,

Jeff Blattner  
Athletic Director

John Le  
Head Track Coach

# **GWAC League Meet – Schedule of Events**

**Coaches Meeting 1:15 MST 2:15CST Shed on NW Corner of Track**

## **Field Events 2:00 MST 3:00CST**

Girls pole vault followed by boys pole vault  
Boys high jump followed by girls high jump  
Girls triple jump followed by boys triple jump  
Boys long jump followed by girls long jump  
Girls shot put followed by boys shot put  
Boys discus followed by girls discus  
Girls/Boys javelin cafeteria

## **Preliminaries 4:45 MST 4:45 CST**

Girls 100M Hurdles  
Boys 110M Hurdles  
Girls 100M Dash  
Boys 100M Dash  
Girls 4 x 800 M Relay  
Boys 4 x 800 M Relay  
Girls 200M Dash  
Boys 200M Dash

## **Running Events – Finals After 15 Minute Break**

Girls 100 M Hurdles  
Boys 110 M Hurdles  
Girls 100 M Dash  
Boys 100 M Dash  
Girls 1600 M Run  
Boys 1600 M Run  
Girls 4 x 100 M Relay  
Boys 4 x 100 M Relay  
Girls 400 M Dash  
Boys 400 M Dash  
Girls 300 M Low Hurdles  
Boys 300 M Low Hurdles  
Girls 800 M Run  
Boys 800 M Run  
Girls 200 M Dash  
Boys 200 M Dash  
Girls 3200 M Run  
Boys 3200 M Run  
Girls 4 x 400 M Relay  
Boys 4 x 400 M Relay