

CSML Track and Field Meet
April 17, 2026

Coaches Meeting 8:30 AM at the finish line.

FIELD EVENTS

8:30 AM Weigh Ins – North End of Press Box

9:00 AM – SESSION 1

Girls SHOT PUT (**VISTA RIDGE**)
Boys DISCUS (**PINE CREEK**)
Girls LONG JUMP (**DOH/FFC**)
Boys TRIPLE JUMP (**WIDE/MESA**)
Boys HIGH JUMP (**MITCH/PUEBLO**)
Girls POLE VAULT (**D11**)

12:00 PM – SESSION 2

Boys SHOT PUT (**SAND CREEK**)
Girls DISCUS (**SIERRA**)
Boys LONG JUMP (**RAM/COR**)
Girls TRIPLE JUMP (**PAL/LIB**)
Girls HIGH JUMP (**TCA/ELIZ**)
Boys POLE VAULT (**D11**)

RUNNING EVENTS

	<u>EVENT</u>	<u>ROUND</u>
9:30 AM	GIRLS 4 X 800 METER RELAY	FINALS
	BOYS 4 X 800 METER RELAY	FINALS
	GIRLS 100 METER HURDLES	FINALS
	BOYS 110 METER HURDLES	FINALS
	GIRLS 100 METER DASH	FINALS
	BOYS 100 METER DASH	FINALS
	GIRLS 4 X 200 METER RELAY	FINALS
	BOYS 4 X 200 METER RELAY	FINALS
	GIRLS 1600 METER RUN	FINALS
	BOYS 1600 METER RUN	FINALS
11:30 AM	Lunch/Break for Officials and Timers (30 minutes)	
	GIRLS 4 X 100 METER RELAY	FINALS
	BOYS 4 X 100 METER RELAY	FINALS
	GIRLS 400 METER DASH	FINALS
	BOYS 400 METER DASH	FINALS
	GIRLS 300 METER HURDLES	FINALS
	BOYS 300 METER HURDLES	FINALS
	GIRLS 800 METER RUN	FINALS
	BOYS 800 METER RUN	FINALS
	GIRLS 200 METER DASH	FINALS
	BOYS 200 METER DASH	FINALS
	GIRLS 3200 METER RUN	FINALS
	BOYS 3200 METER RUN	FINALS
	GIRLS 4 X 400 METER RELAY	FINALS
	BOYS 4 X 400 METER RELAY	FINALS

EXCHANGE ZONES: HARRISON

WE WILL USE A ROLLING SCHEDULE. IF WE GET AHEAD, WE WILL STAY AHEAD.