

2025-2026

Cumberland County Track & Field Championships



Hosted by: Millville High School
Location: Millville Memorial High School
Wheaton Field, 504 E. Broad St, Millville
Date: Friday, May 1, 2026
Time: 3:00pm



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- DATE:** Friday May 1, 2026
- TIME:** 3:00 p.m.
- LOCATION:** Millville Memorial High School
504 E. Broad St. Millville, NJ 08332
- TIMING:** Race timing will be conducted by Elite Feats Inc.
Live results will be posted at elitefeats.com
Meet Director will be assigned by Sean Fallon
Be sure your roster is updated on NJ Milesplit by Thursday, April 30th.
- AWARDS:** Trophy to the Championship Teams (1 Girls, 1 Boys).
Medals will be awarded to the top 3 finishers in each race.
Schools that have less than seven athletes competing will not be eligible for *team* points but are eligible for *individual* medals.
- ENTRIES:** Must be submitted to Milesplit by Thursday, April 30, 2026 by 12:00pm
Attached entry sheet is for your reference only.
You are allowed 3 entries per event.
Cost is \$500 per team
Entering both a Boys team and a Girls team will be \$1,000 total
Make checks payable to: Millville Board of Education
- Mail check to:** Millville High School
c/o Jason Kessler, Athletic Director
200 N. Wade Blvd.
Millville, NJ 08332
- ENTRY DEADLINE:** **Thursday, April 30, 2026 by 12:00pm**
Be sure your roster is updated on NJ Milesplit. If an athlete is not on Milesplit by the above date/time, they will not be able to compete.
- Coaches Meeting at 2:45pm – Main Tent Infield of Track**
Scratch and Add meeting at 3:15pm – Clerking Area of Track
- QUESTIONS:** Contact Jason Kessler @ 856-327-6061 (work)
E-mail: jason.kessler@millville.org



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2025-2026 CUMBERLAND COUNTY TRACK & FIELD CHAMPIONSHIPS GUIDELINES

MILESPLIT ENTRIES ARE DUE by **Thursday, April 30, 2026 at 12:00pm**

If the athlete is not on MILESPLIT by the above date/time, they will not be able to compete

Hosted by: Millville High School
Athletic Director: Jason Kessler
Contact: 856-327-6061

1. Each school is entitled to enter one (1) relay team per school and up to three (3) contestants in all other events.
2. Relay team entries should include six (6) names as no substitutions are permitted for illness, injury or disqualifications.
3. Scratches are permitted on meet day. Scratches can be made at 3:15pm at the Clerking Tent located near the 100-meter start. You will highlight the runners who will be participating. The races will be reseeded if necessary.
4. Arrange the field event entries in reverse order of best effort – the best will throw or jump last.
 - ***NEW* - Athletes will have four attempts.**
5. Arrange the track entries with seed times. Splits in relays are not acceptable for seeding in track events.
6. Scoring:
 - **4 teams:** 6-4-3-2-1 (Individual) 6-4-2 for all relays
7. All ties will be broken using the Federation rules.
8. State participation limits will apply. Each participant may enter a maximum of four (4) events.
9. Uniform rules will be enforced.
10. NO WATCHES except religious medals taped to the inside of the shirt.
11. Violation of #10 will result in disqualification from that event.
12. Starting height in the pole vault will be 6 inches below the lowest seed. The lowest possible height being six (6) feet. For the high jump, starting height will be 2 inches below the lowest seed.
13. At least one successful jump or throw must be recorded to place in any field event
14. Spectators are not allowed on the infield. Participants are only allowed on the infield when reporting for the next event. All participants must leave the infield at the end of their event.
15. Start times:
 - 3:00pm - Throws
 - Girls Order: Jav, Shot, Disc
 - Boys Order: Shot, Disc, Jav
 - 3:00pm - Girls & Boys Pole Vault - Blended
 - 3:15pm - Girls HJ followed by Boys
 - 3:15pm - Boys & Girls Long Jump Combined Open Pit (1hr 15min open pit)
 - Boys & Girls Triple Jump Combined Open Pit (1hr 15min open pit) immediately following the conclusion of the Long Jump
 - 4:30pm - Running Events on Track
 - Running Events: Girls followed by Boys
 - 1st Event: Girls 400M Hurdles



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ORDER OF FIELD EVENTS

- 3:00pm Girls Throws: Javelin/Shot/Disc
Boys Throws: Shot/Disc/Jav
Girls & Boys Pole Vault- Blended
- 3:15pm Girls HJ followed by Boys
Boys and Girls Long Jump Combined
Open Pit (1hr 15min*)
- 4:30pm Boys and Girls TJ Combined
Open Pit (1hr 15min*)

***Meet Management can adjust the open pit times if needed.**



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ORDER OF RUNNING EVENTS

Girls followed by Boys

START TIME 4:30 PM

400m Intermediate Hurdles

100 Meter Dash

1600 Meter Run

400 Meter Run

100/110 High Hurdles

800 Meter Run

200 Meter Dash

3200 Meter Run

1600 Meter Relay



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ENTRY FORM

(for your reference only – Entries must be submitted to Milesplit by **Thursday, April 30, 2026 at 12:00pm**)

SCHOOL: _____

COACH: _____ Boys/Girls
(Circle One)

Three(3) entries/event. List six(6) names for relay entries. Print or type (ink).

	Time	Opponent/Date of Performance
110/100 Meter Hurdles		
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

	Distance	Opponent/Date of Performance
Long Jump		
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

	Distance	Opponent/Date of Performance
Triple Jump		
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

	Distance	Opponent/Date of Performance
Shot Put		
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

	Distance	Opponent/Date of Performance
Discus		
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

	Distance	Opponent/Date of Performance
Javelin		
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

	Height	Opponent/Date of Performance
High Jump		
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____



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Pole Vault	Height	Opponent/Date of Performance
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

1600 Meter Relay	
1. _____	4. _____
2. _____	5. _____
3. _____	6. _____
Time _____	Opponent/Date _____

100 Meter Dash	Time	Opponent/Date of Performance
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

200 Meter Dash	Time	Opponent/Date of Performance
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

400 Meter Dash	Time	Opponent/Date of Performance
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

800 Meter	Time	Opponent/Date of Performance
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

1600 Meter	Time	Opponent/Date of Performance
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____



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3200 Meter

Time

Opponent/Date of Performance

- | | | | |
|----|-------|-------|-------|
| 1. | _____ | _____ | _____ |
| 2. | _____ | _____ | _____ |
| 3. | _____ | _____ | _____ |

400 Meter Hurdles

Time

Opponent/Date of Performance

- | | | | |
|----|-------|-------|-------|
| 1. | _____ | _____ | _____ |
| 2. | _____ | _____ | _____ |
| 3. | _____ | _____ | _____ |

DEADLINE: Thursday, April 30, 2026 by 12:00pm
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Cumberland County Girls Track Championship Records

Long Jump	Shameka Speed	Bridgeton	(18'9")	2003
High Jump	Shana Williams	Bridgeton	(5'4")	1989
Shot Put	Nacole Moore	Bridgeton	(45'2 ½")	2000
Discus	Melinda Boykin	Bridgeton	(135")	1998
Javelin	Cyndy Wilks	Millville	(133'8")	2000
100m	Shameka Speed	Bridgeton	(:11.6)	2003
200m	Shameka Speed	Bridgeton	(:24.7)	2002
400m	Shameka Speed	Bridgeton	(:57.3)	2003
800m	Brooke Kott	Millville	(2:21.3)	2009
1600m	Cheryl Keating	Sacred Heart	(5:10.8)	1991
3200m	Cheryl Keating	Sacred Heart	(11:39)	1991
100IH	Nyrae Newman	Millville	(:15.0)	2010
400IH	Sue Breig	Millville	(1:04.0)	1990
4 X 400	Je'Keirah Pierce Brittany Kott Brooke Kott Nyrae Newman	Millville	(4:05.9)	2007
Pole Vault	Tiffani Beebe	Millville	(10'6")	2009
Triple Jump	Javona Ford	Millville	(35'7 ½")	2018



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Cumberland County Boys Track Championship Records

Long Jump	Charles Robinson	Vineland	(22'11")	1981
High Jump	Dwayne Robinson	Bridgeton	(6'10")	1991
Shot Put	Braheme Days	Bridgeton	(62' 7 1/2")	2011
Discus	Ray Wilks	Bridgeton	(177'5")	1995
Javelin	Jim Stites Andrew Pierce	Millville Cumberland	(216'8"MT) (178'4"RT)	1970 2007
Pole Vault	Gary Nichols	Bridgeton	(14'6")	1998
100m	Dennis Sturdivant Jamil Benjamin	Vineland Cumberland	(:10.4) (:10.4)	1994 2006
200m	Marquis Bonds	Millville	(:21.6)	2007
400m	Shannon Sherrer	Vineland	(:48.1)	2002
800m	Cliff Beckford	Vineland	(1:55.7)	1990
1600m	Jeff Davis	Cumberland	(4:19.1)	1985
3200m	Urie Ridgeway	Bridgeton	(9:29.6)	1989
100HH	Staci Crawford	Bridgeton	(:13.6)	1990
400IH	Staci Crawford	Bridgeton	(52.6)	1990
4 X 400	Coleman Lee Sherrer Sherrer	Vineland	(3:21.0)	2003
Mile Relay	Jones Garcia DiBiase Handy	Vineland	(3:25.2)	1968
Triple Jump	Markquese Bell	Bridgeton	(45'4")	2016