

2026 LOWER DAUPHIN

RACE OF CHAMPIONS

COACHES/PARENTS MEET INFORMATION

Coaches,

Welcome to the 2026 Lower Dauphin Race of Champions! Thank you for registering for this year's invitational and for traveling to Hummelstown this Saturday. We are excited to host you and hope to provide a great experience for your athletes, coaches, and spectators.

Hopefully the weather cooperates with us this year! The meet will be held rain or shine, so please come prepared for the possibility of rain.

Please pay close attention to the PARKING information section of this document.

MEET LOCATION & BUS PARKING

Lower Dauphin Middle School

251 Quarry Rd., Hummelstown, PA 17036

[Google Maps - Lower Dauphin Middle School](#)

Buses will drop off athletes and coaches at the front of the middle school. To free up parking for spectators, buses will then be directed to park at the high school. Personnel will be stationed on campus to assist with bus traffic and parking.

Please see the provided parking map for parking directions. Due to ongoing construction at the middle school, parking is limited. In the event of rain, we will need to close all grass parking areas. If this occurs, parents and spectators will be directed to park at Lower Dauphin High School and will need to walk back to the middle school campus. Please encourage families and spectators to plan accordingly and allow additional time for parking and walking to the course.

REGISTRATION & PACKET PICK-UP

Registration and packet pick-up will be under the large Blue and White LDXCTF tent near the concession stand and bathrooms. Your packet includes your starting box assignment and a printed course map. Your starting box will be the same for ALL races, and box numbers will be spray-painted at each location. Please make sure a coach is walking with your team during the course walk.

The course map is included at the end of this document.

T-SHIRTS, CONCESSIONS, COFFEE & BASKET AUCTION

Race of Champions T-shirts - \$20

Purchase early - shirts tend to sell out.

Concessions

Breakfast goodies and lunch options will be available throughout the day. Payment options: cash, Venmo, and tap-to-pay.

Coffee Truck

A coffee truck will be on site throughout the morning.

Basket Auction

Four fun baskets will be up for auction. There will be a QR code the day of the meet to participate.

Basket Auction Themes:

1. **Running Basket** – Includes a gift certification to Inside Track for any of their locations
2. **Running Basket** – Includes a gift certification to Inside Track for any of their locations
3. **Carb Load Basket** – Who doesn't love pasta?
4. **Lotto Love Basket** – scratch off tickets

Auction winners will be announced after awards!

Winners MUST BE PRESENT at the time of awards to claim their basket.

Portable bathrooms will be available near the starting area.

SCHEDULE OF EVENTS

7:30-8:50 AM	Course Walk
9:00 AM	Middle School Varsity Boys
9:30 AM	Middle School Varsity Girls
10:00 AM	Elementary School 1-Mile Fun Run
10:30 AM	Middle School JV Boys
11:00 AM	Middle School JV Girls
11:30 AM	Middle School Awards

Athletes should report to the starting line 10 minutes before their scheduled race time.

ELEMENTARY 1-MILE FUN RUN

10:00 AM - Open to all children in grades K-6. Register on site for \$10. Every participant will receive a ribbon for completing the race. **YOU CAN STILL REGISTER DAY OF!**

TIMING & RESULTS

Timing for the meet will be provided by FinishLynx. Results will be available at MAC-FAT.net and MileSplit.

AWARDS

Following the Middle School JV races, the awards ceremony will be held between the concession stand and the T-shirt tent. Awards cannot be mailed, so please make sure all award winners stop by before departure.

- Middle School Varsity - Top 2 boys and girls teams receive plaques. Top 10 individuals in each varsity race receive a "Top 10" T-shirt.
- Middle School JV - Top 10 individuals in each race receive an award.
- Elementary Fun Run - Every participant receives a ribbon.

VARSITY & JV ROSTERS

We understand rosters are always changing. As long as a runner is entered in the meet, you may send them to either the JV or Varsity race. Each athlete is associated with a bib number and timing chip. Teams should have no more than 7 runners in the Varsity race. All remaining runners should compete in the JV race.

TEAM CLEAN-UP

A large garbage bag is included in your packet for your team to use throughout the day. It would be a huge help to our staff and volunteers if you could take your team's bag to the dumpster located next to the school before departing. Thank you for helping us keep the campus and course clean!

PAYMENT

If you have not already mailed your meet payment, please bring payment with you on Saturday. Please verify with your school district beforehand to determine whether payment has already been mailed.

Questions? Contact Scott Payonk at spayonk@ldsd.org.

PARKING MAP

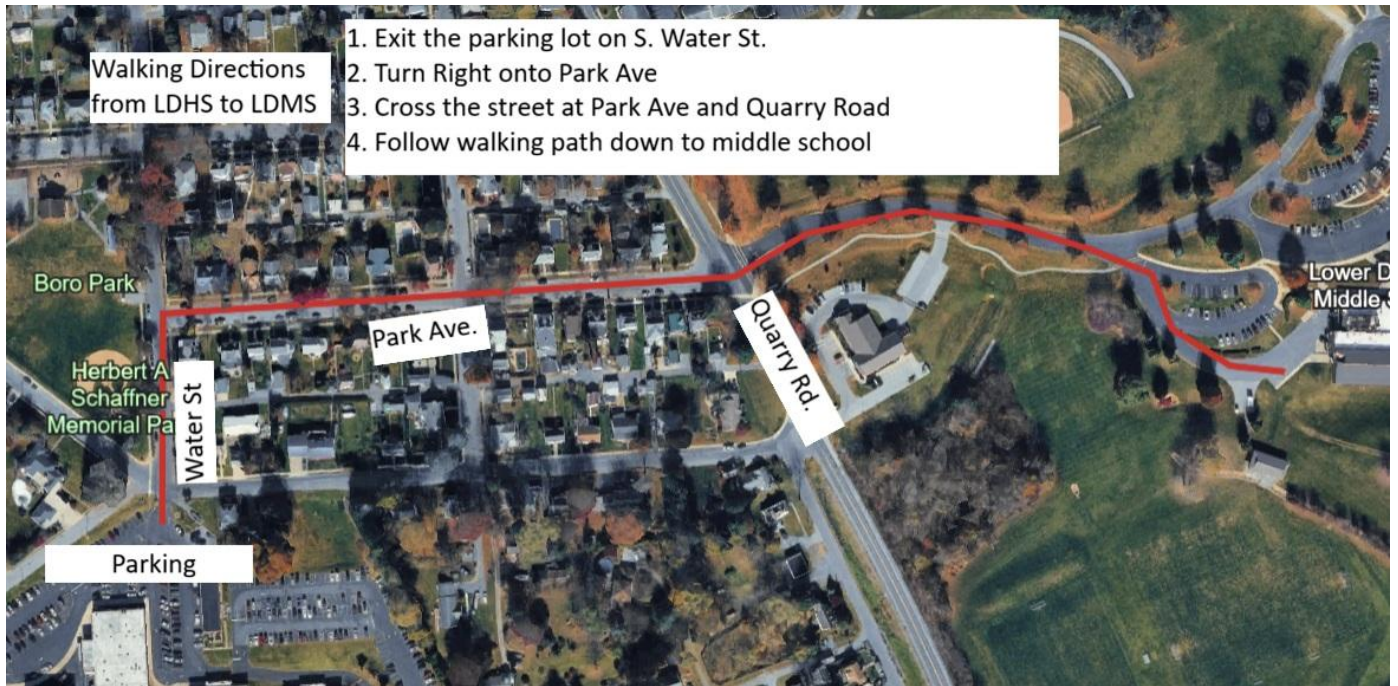
Please see the parking map below for parking directions.

Due to the ongoing construction at the middle school, parking is limited. Once the general parking area in front of the middle school fills up, parents and spectators will be directed to park at Lower Dauphin High School and will need to walk back to the middle school. In the event of rain, we will need to close the grass parking areas, spectators will be directed to LDHS and have to walk to the middle school.

Buses will drop off athletes and coaches at the middle school and will then be directed to park at the high school across from the tennis courts.



Walking Directions from LDHS to LDMS if needed



COURSE MAP

Course map for the 2026 Lower Dauphin Race of Champions.

