AUTISM AWARENESS
Invitational Track Meet
Saturday March 28, 2026
North Shore High School
10:00 AM START

In recognition of Autism Awareness Month:

PROCEEDS WILL GO TO ORGANIZATIONS THAT SUPPORT CHILDREN WITH SPECIAL NEEDS

Cost: $300 entry AND a portion of the cost of the officials for Nassau County Public Schools)
$600 for combined Girls and Boys teams-UNLIMITED ATHLETES IN ALL EVENTS)

EMAIL: Neal Levy: levyn@northshoreschools.org or cell/text 516 330-4590

Order of Events (GIRLS FOLLOWED BY BOYS)

1500M Racewalk (Girls only)
400H
3000/3200
Girls 2k Steeple Chase/Boys 3k Steeple Chase
100M Semi
1500/1600
100m Final
400m
100 HH/110HH (FINAL)
800m
200
4 x 800
4 x 100
4 x 400

Shot Put	(Boys Followed by Girls)
Discus	(Girls Followed by Boys)
Pole Vault	(Boys Followed by Girls)
High Jump	(Girls Followed by Boys)
Long Jump	(Two pits)
Triple Jump	(After Long Jump)

Awards: Medals to the top 6 competitors in each event.
Medals to the top 4 teams in each relay event

ALL EVENTS MUST BE PRE-SEEDED ON OUR HOME PAGE ON MILESPLIT FOR THIS COMPETITION

SCHOOL _____

COACH _____

CIRCLE ONE: BOYS TEAM GIRLS TEAM BOTH

COACH'S E-MAIL _____

COACHES CELL: _____

PAYMENT $300/$600 Payable to: NORTH SHORE SCHOOLS
450 Glen Cove Ave
Glen Head NY 11545
Attn: NEAL LEVY