

# NWKL High School TRACK MEET

Thursday, May 14th, 2026

(Bad Weather Date is Friday, May 15th, 2026)

To: Athletic Directors and girls and boys track coaches

Teams: Oberlin, St. Francis, Wallace Co., Rawlins Co., Dighton, Quinter, and Greeley Co.

The NWKL High Track Meet will be held on Thursday, May 14th, starting at 3:00. The coaches' meeting for scratches, changes, and announcements will be held in the DCHS cafeteria at 2:15, please be on time. **Please enter athletes by Wednesday, May 13th at 7:00pm at:**

<https://ks.milesplit.com/meets/725741-northwest-kansas-league-hs-2026>

Each school may enter three athletes in each event. High jump and pole vault will follow the normal elimination format.

The following may be helpful in planning for the meet:

I. Time Schedule-

A. **2:15 – Coaches meeting in the DCHS cafeteria.**

B. **3:00** – Field events begin- 3 throws- Top 7 to finals- top 6 place

C. **4:30** – Running event prelims- 8 fastest times move to finals

D. **5:15**- Running Finals

II. Awards & Information-

A. There will be a 1st place NWKL bar awarded to each division

Medals will be awarded to the top 3 finishers in each event. NWKL medals will be awarded to top 3 places in relays

B. No Entry Fee

C. Restrooms: located under the grandstand.

D. Scoring: individual events-10-8-6-4-2-1

E. Shot and discus areas are concrete

F. The surface and runways are rubberized

G. Please instruct your athletes to pick up their camp areas at the completion of the meet.

H. No javelins, discus, shot puts are allowed on the infield.

I. Concessions: East of the stadium

J. Hospitality will be in the cafeteria

K. Bus Parking: Please drop kids off at the stadium, and have your

buses park in the gravel parking lot on the SE side of the high school.

III. Javelin Information: Both Javelin areas are east of the discus rings (directly behind the Vo-Ag shop).

Boys Runway: West

Girls Runway: East

IV. Shot put and discus information: The shot put and discus competitions will be held on the fields East of the stadium. The circles are concrete surfaced.

- A. Girls shot-North ring
- B. Boys shot-South ring
- C. Girls discus-West cage
- D. Boys discus-East cage

NWKL High School Track Meet – May 14th, 2026

Order of Events

**\*Field Events: Begin at 3:00.**

Long Jump: South of the visitor Grandstands  
Girls-South Pit  
Boys-North Pit

Triple Jump: Use the same pits as above after the completion of long jump.

Pole Vault: Southwest corner of track  
Girls followed by boys

High Jump: Southwest corner field, behind pole vault  
Boys followed by girls

Shot Put: East of stadium  
Girls-North ring  
Boys-South ring

Discus: East of football field  
Girls-West cage  
Boys-East cage

Javelin: East of the discus rings

**Running Prelims: Begin approximately at 4:30 p.m.**

100/110 Hurdles  
100 m  
200 m  
4 x 800 Relays - Girls followed by boys

**Running Finals: Begin approximately 5:15 pm**

Girls 100m Hurdles  
Boys 110m Hurdles  
100m -Girls followed by boys  
1600m -Girls followed by boys  
4 x 100m Relays-Girls followed by boys  
400m -Girls followed by boys  
Girls 300m Hurdles  
Boys 300m Hurdles  
800m -Girls followed by boys  
200m -Girls followed by boys  
3200m -Girls followed by boys  
4 x 400 Relays -Girls followed by boys

**All KSHSAA guidelines will be followed.**

**Appeals Committee: Deone Horinek, John Crist, and Greg Cook**

**Please have your athletes entered by 7:00pm, Wednesday, May 13th. Please communicate any changes or scratches asap. [bgehring@usd294.org](mailto:bgehring@usd294.org) fax:785-475-2802**